

Connecting Albert County

November 2017



Mary's Point in late fall. Picture by J. Wallace

Protecting Nature in Albert County

It's been a busy fall for nature-lovers in rural Albert County. In the pages of this issue, you can read about the success of both the salmon recovery program and the fundraising campaign by the Nature Conservancy of Canada and the Village of Riverside-Albert.

Meanwhile, construction is going on at Mary's Point in Harvey. Canadian Wildlife Service (CWS) is building a new Interpretive Centre. The building will be approximately 40' X 60' with an observation

deck/patio overlooking the salt-marsh and Mary's Point.

According to CWS, "the structure has been designed to fit with the architectural features of existing and former dwellings in the immediate local area. There will be an open-concept interpretation area, a small audio-visual room to accommodate presentations, public washrooms and office space." Also, the parking lot will be expanded to accommodate more vehicles during key visitation periods.

Riverside-Albert GED (High School Equivalency)

The Riverside-Albert GED first opened in November of 2009. Over the last eight years, there have been 36 graduates. "GED" stands for General Education Development, which is equivalent to a Grade 12 Education.

This program can be done full-time, part-time, or online, and is free. Students must be 19 years of age or older to enter the program. Classes are held in the bottom section of the Albert County Health and Wellness Centre in Riverside-Albert.

There are five courses of study: Reading, Science, Social Studies, Writing, and Math. Students are able

to move at their own pace until they have completed all five courses.

Many past graduates have moved on to their chosen careers; some have opened their own businesses. We have had families come (not all at once), as well as mothers & daughters, and husbands, wives & sons. The oldest graduate was 69 years young. There is something for everyone.

If you know someone who may be interested, have the person call 882-1010.

By Ellie Mollins, B.Ed., Community Adult Learning Program (CALP)

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Connecting Albert County

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Our Mission: To connect rural Albert County through online and print communication.

Connecting Albert County reflects the passion and hard work of many people in Albert County including Lisa Brown, Deborah Carr, Joseph Gallant, Kate Merlin, Victoria Stroud & Janet Wallace (Coordinator/Editor).

To donate funds, submit articles or provide feedback, email **info@connectingalbertcounty.org** or send mail to CAC, 5836 King St., Riverside-Albert, NB E4H 4B9

Distribution sites:

Limited numbers of free copies are available at the following:

Hillsborough: Scotia Bank, Hillsborough Freshmart, Village Office

Riverside-Albert: Albert County Pharmacy, Crooked Creek Convenience, Forest Dale Home, Albert County Health & Wellness Centre, Village Office

Alma: Harbour View Market and Restaurant, Fundy General Store, Village Office

Copies are also available at www.connectingalbertcounty.org/newsletter

The opinions in our newsletter and website do not necessarily reflect the views and opinions of the individuals who make up Connecting Albert County.

Well Woman Program

The Well Woman Program available in rural Albert County focuses on keeping women healthy through education, screening and physical exams.

What is it? The Well Woman Program is an appointment with the Nurse Practitioner that may involve screening for cervical and breast cancer and education on maintaining your health.

Why should I go? The program provides a comfortable and friendly atmosphere where you can talk with a woman about your health, including reproductive health, birth control, managing menopause and incontinence. If needed, the nurse practitioner can refer you to other members of the health care team. The tests conducted during the appointment may allow for early detection and treatment of health issues.

Where is it held? You can have an appointment at the Albert County Health and Wellness Centre in Riverside-Albert or at the new Hillsborough Satellite Office located at the "Old Church," 2807 Main Street, Hillsborough.

When is it held? Well Woman Clinics are scheduled with some individual flexibility.

Whom will I see? A female nurse practitioner will talk with you and conduct the assessment.

Who can go? Any woman who lives in the catchment area of the Albert County Health and Wellness Centre (between Stoney Creek and Alma, inclusive) can attend. You don't have to be patient of the centre to receive this service. A record of your visit and test results will be sent to your family doctor or nurse practitioner.

How do I make an appointment? Just call 882-3100 and explain you would like to participate in the Well Woman Program.

How often do I go? This is very individual, but the nurse practitioner will discuss this with you. The Health Centre will call you to arrange any necessary follow-up appointments.

Who provides the program? The Well Woman Program is provided by the Albert County Health and Wellness Centre with the support of the Bennett and Albert County Health Care (BACH) Foundation. The BACH Foundation and the Village of Hillsborough have enabled the extension of this service to the new satellite office.

A gift of colour from Gary Steeves Insurance

Connecting Albert County would like to thank Gary Steeves Insurance for their generous contribution of printing colour copies of our newsletter.

Fundy Salmon Recovery

It takes a community to recover a critically endangered species. That's the approach taken by an innovative partnership called Fundy Salmon Recovery, which is celebrating the successful release of a record number of wild, adult inner Bay of Fundy (iBoF) Atlantic salmon.

Wild Atlantic salmon populations have been declining dramatically for decades, from their southern range in the United States to their northern most range in North America and abroad. Endangered since 2002, the decline of the wild iBoF Atlantic salmon population has been well documented but poorly understood. Fundy Salmon Recovery is looking to change that. With a unique shortened migration limited to the Bay of Fundy and a portion of



Biologist Corey Clarke releasing a salmon at Fundy National Park.

their freshwater range protected within Fundy National Park, iBoF Atlantic salmon provide a globally unique research and recovery opportunity. Fundy Salmon Recovery, now running an advanced program, has created a conservation model for other recovery efforts worldwide.

"As long-standing partners with Fundy National Park, we are so proud to be part of this innovative approach in recovery of Atlantic salmon here in the park and on the Petitcodiac River. Salmon are so important to us and are an essential part of a healthy ecosystem on which we all depend; we are happy to have this opportunity to reconnect our youth with the land and this iconic species through this work."

Rebecca Knockwood, Chief, Fort Folly First Nation

That goal, of recovering and better understanding wild Atlantic salmon, is being led by Fundy Salmon Recovery. The group includes Parks Canada, Cooke Aquaculture, Atlantic Canada Fish Farmers Association, Fort Folly First Nation, the Province of New Brunswick, Fisheries and Oceans Canada, the University of New Brunswick and the Atlantic Salmon Law Enforcement Coalition. Together, utilizing their collective expertise and resources, they have pioneered the World's First Wild Atlantic Salmon Marine Conservation Farm at Dark Harbour off

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“Salmon” from p. 3

Grand Manan Island, NB. This is where wild Atlantic salmon taken from their native iBoF rivers are protected, grown to maturity, and released back to Fundy National Park into the Petitcodiac watershed. The researchers hope these fish will spawn the next generation of wild salmon with the best chance of survival.

Quick Facts

Fundy Salmon Recovery operates the World’s First Wild Atlantic Salmon Marine Conservation Farm on Grand Manan Island, New Brunswick. This collaboration of community and industry stakeholders works to protect young wild Atlantic salmon and improve their chances of survival when released back to the wild as adults. The goal is to increase the number of spawning salmon in the inner Bay of Fundy and save the species from extinction

Once the endangered wild Atlantic salmon are in the river, the University of New Brunswick and other members of Fundy Salmon Recovery use advanced tracking and monitoring technologies to research salmon behaviour. Through programs like ‘Swim with Salmon’, ‘Salmon Days’ and partnerships with a variety of academic institutions, Canadians have a variety of ways to build their awareness of species at risk, and to connect to nature at our Parks Canada places.

The article is based on materials provided by Parks Canada.

Molly Kool Award 2017

Harriet Gratian, founder of the DancEast Dance Centre in Moncton, has been named recipient of the 2017 Molly Kool Award. An award ceremony took place on October 14, at the Molly Kool Centre.

Harriet is known for having a significant impact on her community through the establishment in 1980 of DancEast, a dance centre located in Moncton. In doing so, Harriet not only brought professional quality dance training to the Southeastern New Brunswick region, but also offered a place to cultivate and encourage young artists, many of whom have gone on to have illustrious careers in

the arts. The Molly Kool Award has been established to recognize women in the southeastern New Brunswick area for outstanding contributions to the community at large in such areas as arts, culture and environment. It is inspired by the legacy of the brave Molly Kool, first licensed female Master Mariner (sea captain) in North America.

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? P i b e a n

Protecting the Water Supply of Riverside-Albert

The Nature Conservancy of Canada (NCC), in partnership with the Village of Riverside-Albert, has reached an important milestone in its campaign to save a rare forest and protect the Village's water supply. The charitable conservation organization has so far raised more than \$130,000 toward the purchase of 326 acres of old Acadian forest on a privately-owned property that also contains two water supply reservoirs for Riverside-Albert.



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The reservoirs have been the primary water supply for the Village for nearly 100 years, secured under a "water lease" which is set to expire in 2019.

"Along with the residents of Riverside-Albert, I am grateful the Nature Conservancy of Canada is working to conserve our water supply area and delighted they are just over halfway to the goal of raising \$250,000 to purchase the land," says Riverside-Albert Mayor Jim Campbell. "I would like to thank the many donors, including the Chipoudy Communities Revitalization Committee, for contributing to the Nature Conservancy of Canada's campaign. I hope, with the continued support of the public, the final stage of the campaign will be even more successful."

The privately-owned property containing the water supply is located between the Caledonia Gorge Provincial Protected Natural Area and the Village of Riverside-Albert. The property features large old sugar maple, red maple, yellow birch, and red spruce trees, which are characteristic of the original Acadian forest of the Maritime provinces. Due to centuries of harvesting, only 1-5% of the Maritime's mature Acadian forest remains intact.

Picture above: Caledonia Gorge outside of Riverside-Albert. Photo by Janet Wallace

Hillsborough Farmers Market & Christmas Market 2017

It was an amazing first season at the Hillsborough Farmers Market: a great success! We thank everyone who took part, vendors, community groups and patrons alike! Everyone really came together as a team to make it work.

In order to better accommodate the community we have compiled a survey that can be filled out online at s.surveypal.com/Bk0Wj1VnW.

Your opinions matter to us, and we would greatly appreciate your feedback as we plan to make our next market season bigger and better! You can choose to be anonymous: there are multiple choice questions and spots for any suggestions and comments.



Angela and Ryan of Fundy Farms at the Hillsborough Market. Photo by J Wallace.

“Protecting” cont. from page 5.

“We are asking New Brunswickers to help the Nature Conservancy of Canada protect this beautiful old forest, which is one of few remaining examples of old Acadian forest in the Maritimes, and needs urgent protection,” says Denise Roy, Conservation Representative, Nature Conservancy of Canada. “Donors to this project are contributing to a win-win solution: they are helping to protect rare habitat, and at the same time, protecting a critical water supply for the people of Riverside-Albert.”

In order for the Nature Conservancy of Canada, a not-for-profit land trust, to complete this forest conservation project, it will need to raise \$250,000 before the end of 2017. A cheque for \$6000 was presented to NCC by the Chipoudy Communities Revitalization Committee in October at the “Chase the Ace” in Riverside-Albert.

Based on material provided by the Nature Conservancy of Canada.

We’re not done yet! At this time we would also like to announce that we will be hosting ‘An Old Fashion Christmas’ market December 2-3 for the ‘Christmas in the Country’ Tour. Come back and see all your favorite vendors for the last time this year, along with some special holiday friends. A great chance to stock up on goodies for winter and shop for some locally made Christmas gifts. We will have food, hot drinks, music, sweet treats, and lots and lots of great gifts for all the people on your list. See you there!

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COMMUNITY CALENDAR

Wed Nov 1, 2017

1pm - 3pm Shepody Food Bank*

3:30pm - 5pm Afterschool STEAM Drop-in, Hillsborough Public Library

5:30pm - 8:30pm Hillsborough Kiwanis Bingo*

6:30pm - 7:30pm Grief and Bereavement Support Group*

7:30pm - 8:30pm Zumba class*

Thu Nov 2, 2017

4:30pm - 7:30pm Friends of the Hillsborough Arena - Chase the Ace*

7pm - 9pm Country & Gospel Music Evening*

Fri Nov 3, 2017

3:30pm - 4:45pm Let's be Crafty, Hillsborough Public Library. Crafts for 5- to 14-year-olds.

5pm-9pm Christmas & Crafts at Caledonia, Caledonia Regional High School Gym. A craft fair featuring local vendors with crafts, food & other goodies. Free admission. Canteen available with all proceeds supporting 2018 CRHS Grads. Interested in having a table? \$10 each or 3 for \$25. Call 734-3710 to book a table!

6pm - 7:30pm Chase the Ace - Riverside-Albert*

7:30pm - 8:30pm Zumba class*

Sat Nov 4, 2017

9am - 2pm Christmas & Crafts at Caledonia, Caledonia Regional High School Gym (see description above).

9am - 2pm SALE: Crafts, Baking & More, Lower Cape Community Center

Mon Nov 6, 2017

6:30pm - 7:30pm Grief and Bereavement Support Group*

6:30pm - 8:30pm Pickleball*

Tue Nov 7, 2017

10am Toddler Time, Hillsborough Public Library. Learning activities for newborns to 4-year-olds.

11am - 12pm Story Time*

3:30pm - 4:45pm After-school Chess Club, Hillsborough Library. School-aged children can learn to play chess.

Wed Nov 8, 2017

1pm - 3pm Shepody Food Bank*

5:30pm - 8:30pm Hillsborough Kiwanis Bingo*

6:30pm - 7:30pm Grief and Bereavement Support Group*

7:30pm - 8:30pm Zumba class*

Thu Nov 9, 2017

4:30pm - 7:30pm Friends of the Hillsborough Arena - Chase the Ace*

7pm - 9pm Country & Gospel Music*

Fri Nov 10, 2017

10:30am - 11:30am Kids Craft for pre-schoolers. Hillsborough Library

1:30pm - 4:30pm LEGO®, Hillsborough Public Library. We provide the blocks, the kids provide the ideas: families of all ages welcome.

7:30pm - 8:30pm Zumba class*

Mon Nov 13, 2017

6:30pm - 7:30pm Grief and Bereavement Support Group*

6:30pm - 8:30pm Pickleball*

Tue Nov 14, 2017

10am - 10am Toddler Time, Hillsborough Public Library. Learning activities for newborns to 4-year-olds.

11am - 12pm Story Time*

Wed Nov 15, 2017

1pm - 3pm Shepody Food Bank*

3:30pm - 5pm Afterschool STEAM Drop IN, Hillsborough Public Library Try out our STEAM activities.

5:30pm - 8:30pm Hillsborough Kiwanis Bingo*

6:30pm - 7:30pm Grief and Bereavement Support Group*

7:30pm - 8:30pm Zumba class*

Thu Nov 16, 2017

1pm - 4pm Forest Dale Home's Annual Fall Craft Sale, Brookside Room, Forest Dale Home, Riverside-Albert. Tables are free of charge, so book yours today! Space is limited. Come and support our local entrepreneurs!

Thu Nov 16, 2017

3:30pm - 5pm Afterschool STEAM Challenge, Hillsborough Public Library. Try to create the best launcher using minimal materials.

*See Page 9 for details.

Remembrance Day Events

Riverside-Albert: Thu Nov 9, 2017 at 10:30am

Legion members, participants and guests are requested to be at the Riverside-Albert Recreation Centre for the service no later than 10:30am that day. Following the service, the Village of Riverside-Albert will offer a luncheon prepared by the Girl Guides.

Alma: Fri Nov 10, 2017 at 10:30am

Remembrance Day Service at the Alma Activity Centre.

Hillsborough: Sat Nov 11, 2017 at 10:45am

All are welcome to attend the Community Remembrance Day Service at Caledonia Regional High School gymnasium.

4:30pm - 7:30pm Friends of the Hillsborough Arena - Chase the Ace*

7pm - 9pm Country & Gospel Music Evening*

Fri Nov 17, 2017

3:30pm - 4:45pm Let's be Crafty, Hillsborough Public Library. After-school crafts for 5- to 14-year-olds.

7:30pm - 8:30pm Zumba class*

Sat Nov 18, 2017

11am - 2pm Hillsborough UCW Christmas Bazaar, Hillsborough United Church Bake Table, pickles, jams and jellies, Christmas Gift Baskets & Silent Auction. Enjoy a delicious lunch of Chili or Turkey Soup, rolls, a yummy dessert & beverage for \$10. Everyone welcome! Bring a friend!

7pm Gospel Music Evening, Hillsborough Kiwanis Center. Featuring: For the Cross, Rivercreek Gospel Bluegrass & Bruce Gibson. Admission \$7. Organized by DownHome Gospel Group.

Mon Nov 20, 2017

6:30pm - 7:30pm Grief and Bereavement Support Group*

6:30pm - 8:30pm Pickleball*

Tue Nov 21, 2017

10am - 10am Toddler Time, Hillsborough Public Library. Learning Activities for newborns to 4-year-olds.

11am - 12pm Story Time*

3:30pm - 4:45pm After-school Chess Club, Hillsborough Public Library

Wed Nov 22, 2017

Noon—8pm Mobile ECO Depot Hillsborough - ECO 360, Salem Train Parking Lot, Steeves St. (see box at right).

1pm - 3pm Shepody Food Bank*

5:30pm - 8:30pm Hillsborough Kiwanis Bingo*

6:30pm - 7:30pm Grief and Bereavement Support Group*

7:30pm - 8:30pm Zumba class*

Thu Nov 23, 2017

Noon—8pm Mobile ECO Depot Hillsborough - ECO 360, Salem Train Parking Lot, Steeves St. (see box below).

4:30pm - 7:30pm Friends of the Hillsborough Arena - Chase the Ace*

6pm - 8pm Teen Craft Night, Hillsborough Public Library. A fun night making your own Christmas ornaments (supplies provided). Registration is required. Contact the library at 734-3722 to reserve your space.

7pm - 9pm Country & Gospel Music Evening*

Fri Nov 24, 2017

10:30am - 11:30am Kids Craft, Hillsborough Library for pre-schoolers.

7:30pm - 8:30pm Zumba class*

Sun Nov 26, 2017

2pm "Old Time" Christmas Concert, Community Hall, Albert County Museum, Hopewell Cape. Celebrate the season with festive music, singing, dancing, drama, and refreshments. Advance Tickets: \$12.50

Sun Nov 26, 2017

6:30pm - 8pm Read and Watch Book Club, Hillsborough Public Library
Our read and watch book club hosts meetings the first Thursday of the month. The selections are: Nov. 2- *Shutter Island*; Dec. 7 - *Me Before You*. Copies of the book and DVD available at the library.

Mon Nov 27, 2017

6:30pm - 7:30pm Grief and Bereavement Support Group*

6:30pm - 8:30pm Pickleball*

Tue Nov 28, 2017

10am Toddler Time, Hillsborough Public Library

11am - 12pm Story Time*

Wed Nov 29, 2017

1pm - 3pm Shepody Food Bank*

5:30pm - 8:30pm Hillsborough Kiwanis Bingo*

7:30pm - 8:30pm Zumba class*

Thu Nov 30, 2017

4:30pm - 7:30pm Friends of the Hillsborough Arena - Chase the Ace*

6pm Adult Craft Night. Hillsborough Public Library. Learn how to make your own personalized holiday tags (supplies provided). Registration required (call 734-3722).

7pm - 9pm Country & Gospel Music Evening*

EcoDepot For no fee, residents will be able to visit any Mobile Eco-Depot to dispose of the following (up to ½ tonne truck/utility trailer):

- Appliances
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- Clear glass, metal
- Cardboard and paper
- Cooking oil

****No car parts, gas tanks, residential oil tanks, regular curbside waste or commercial waste.**

The depot will be in Riverside-Albert Dec. 20-21 and in Alma Jan. 24-25.

See details at www.eco360.ca/mobile-eco-depot-program

* See page 9 for details.

REGULAR EVENTS

Mondays

Free Grocery Trips. Door-to-door service for residents from Alma to Hillsborough to Hillsborough Fresh Mart. If interested in this free service, call 875-1190 or email teledrive-ac@gmail.com.

6:15pm Wellness Walking

Meet at the Four Corners in Riverside-Albert (Old Bank Museum and Crooked Creek Convenience).

6:30pm Pickle Ball

The Riverside-Albert Recreation Center is hosting Pickle Ball. Come on out and see what this sport is all about! \$2/night. First night is free!

6:30-7:30pm Grief & Bereavement Support Group Hillsborough United Church.

Sessions facilitated by Cynthia Stevens RN & Ruth Bradford with Hospice Moncton. All Welcome! Free of charge. For details, call Debbie Landry-Jaillet, Hospice Moncton, 383-2404.

Tuesdays

11am-12pm Story Time, Hillsborough Library. Stories & songs for 0-4-year-olds.

7:30pm Zumba class, Riverside-Albert Rec Centre.

Fitness class with Evelyn. Everybody welcome. For details, call Evelyn Wachs at 882-2831.

Wednesdays

1-3pm Shepody Food Bank, Albert County Health & Wellness Centre, Riverside-Albert. Bring Medicare numbers for every household member. Closed when schools are closed due to weather.

5:30pm Hillsborough Kiwanis Bingo
5:30 doors open; 6:30 games begin.

6:15pm Wellness Walking. Four Corners, Riverside-Albert (Old Bank Museum & Crooked Creek Conv. Store)



*Wellness walkers Lynn Dixson, Sharon Wells & Joan Weir (L-R)
Picture by Deborah Carr*

6:30-7:30pm Grief and Bereavement Support Group.

Albert County Health and Wellness Centre (Lower Level). Sessions facilitated by Mary Robichaud with Hospice Moncton. All Welcome! Free of charge. For details, call Debbie Landry-Jaillet with Hospice Moncton at 383-2404.

Thursdays

4:30-7:15pm Friends of the Hillsborough Arena Chase the Ace Hillsborough Golf Course. Raffle tickets 3 for \$5. Draw 7:30pm. You don't need to be present to win, but must give 2 phone numbers where you can be reached. You can buy tickets outside the restaurant during the week or from committee members Chad & Katrina McLean, Bev White, Jason Holmden, Jason Pugh, Tracey & Peter Bryant, David Simpson, Josh & Natasha Collier. Proceeds for upgrades & improvements to Hillsborough Arena. Lottery license: 105 710456 003.

7-9pm Country & Gospel Music,

Hillsborough Kiwanis Center. Canteen, 50/50 & Door prizes. Open mic; join us with your singing voice and/or instrument. Admission \$7

Fridays

6pm Chase the Ace Riverside-Albert, Fundy Curling Club. Effort of CCRC & Fundy Curling Club to raise money for ice plant & lifelong learning center at Riverside Consolidated School. 3 tickets/\$5 for chance to have your number drawn & chance to draw the Ace of Spades! Each week the 50/50 winner gets 20% of the night's donations; 30% goes to the pot. If ace isn't drawn, the pot carries over. Get together with friends, and play cards while you wait! Call if you have questions: 882-2573, 882-2052, 882-2626.

7:30pm Zumba Class, Riverside-Albert Rec Centre.

Everybody welcome. For details, call Evelyn Wachs at 882-2831.

Supporters of Connecting Albert County

Connecting Albert County would like to thank the following supporters. To advertise your business or organization, and/or support our work, see www.connectingalbertcounty.org/supporters.

Platinum Support

The Bennett and Albert County Health Care (BACH) Foundation raises funds for the Albert County Health and Wellness Centre and community initiatives including Sistema-Hillsborough, Tele-Drive, Literacy Express, the Imagination Library, spin bikes in classrooms and Connecting Albert County. www.bachfoundation.com

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Tele-Drive Albert County Inc. Providing affordable transportation in rural Albert County. Find Tele-Drive on Facebook, call 875-1190, or email teledriveac@gmail.com

Silver Support

Crooked Creek Adventures: The place to go for a self-guided kayak, canoe or bicycle adventure in the heart of the Fundy Biosphere Reserve. www.crookedcreekadventures.com

East Coast Kids Child Care & Learning Centre: Licensed, quality child care in safe, fun and educational environments. Come play, laugh and learn with us today! www.eastcoastkids.ca 962-5868

OMISTA Credit Union: Complete banking for people who want to bank local while making the place they live even better. www.OMISTA.com

Ponderosa Pines Campground: Immerse yourself in nature at the closest campground to Hopewell Rocks, less than 40 km from Moncton and Fundy National Park. www.ponderosapines.ca

Village of Riverside-Albert: The Village of Riverside-Albert is located on Shepody river, which flows into Shepody Bay, at the upper reaches of the Bay of Fundy. www.riverside-albert.ca

Bronze Support

Albert County Chamber of Commerce: www.albertcountychamber.com

Jeff MacDougall, SouthEastern Mutual Insurance: 506-386-5500

South East Regional Adult Learning Board: opendoorsged.ca

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