

# Connecting Albert County

February 12, 2015

Volume 1. No. 2

*Photo by Deborah Carr*

Visit [www.ConnectingAlbertCounty.org](http://www.ConnectingAlbertCounty.org) to read the following full articles and more.

## [Albert County Health & Wellness Centre](#)

See a full description of the [Services provided by our community health centre](#), along with hours of operation at [www.ConnectingAlbertCounty.org](http://www.ConnectingAlbertCounty.org). The centre's family physicians and nurse practitioner are currently accepting new patients. If you live in rural Albert County and do not have a primary care provider, or would like to make an appointment, call 882-3100. The physicians offer a satellite office in Alma. . .

Read more on our [Health & Wellness page](#).



## [Discovering Caledonia Gorge.](#)

Tucked behind Riverside-Albert, midway between Moncton and Alma, lies a hidden treasure. In a landscape dominated by deep ravines rests 2,823 hectares of old-growth Acadian forest known as the Caledonia Gorge. . .

On the [Environment page](#), read about the mysteries of the Caledonia Gorge.



## [Fishing on the Bay of Fundy](#)

On a warm summer day, a fishing boat on the Bay of Fundy is a lovely sight. But the fishermen in Alma don't just go out on sunny days. I often see boats on the bay on blustery winter days. At night, I see the lights from the boats, sometimes while snow is coming down and the wind is howling.

Read about fishing and farming on our [Local Food page](#).

## Upcoming Events

*Event information was submitted by the community groups. If you would like to post an event on [our calendar](#) or submit information for our next e-bulletin, please visit [www.ConnectingAlbertCounty.org](http://www.ConnectingAlbertCounty.org).*

### Thursday, February 12: **Bookmobile**

10:30-11:30 Alma Activity Centre/Town Office

12:30-1:00 Riverside-Albert QuickMart, 5964 King Street

1:30 - 2:00 Hopewell Cape - Albert County Museum

### Saturday, February 14: **Kiwanis All-U-Can-Eat Buffet Breakfast**

The Hillsborough Kiwanis is having an All-U-Can-Eat buffet breakfast from 7-10:30am. Adults: \$8, Children 6-12 years: \$4. Children 5 and under free. Details at [Hillsborough Kiwanis Facebook](#).

### Saturday, February 14: **Appreciation Night for Charlie O'Hara**

At the Hillsborough Kiwanis, there will be an appreciation night for Charlie O'hara featuring many local musical guests. Show starts at 7pm. Admission \$7. Details at [Hillsborough Kiwanis Facebook](#).

### Tuesday, February 17: **Shrove Pancake Supper**

Hillsborough United Church will host a Shrove Pancake Supper on Tuesday, February 17 from 5:00 to 6:30pm at the church, 2891 Main Street. On the menu: pancakes, sausages, beans, tea/coffee and cookies! Everyone welcome! A free will offering will be taken at the door.

### Saturday, February 21: **Fundy Blades 1st Annual Carnival**

'Come one, Come all to Fundy Blades 1st Annual Carnival' at the Hillsborough Arena, 2:00-4:00 pm. On & Off ice games. \$2 Admission; \$5 per family \$5. for 10 game tickets

### Sunday, February 22: **Fundy Loppet**

The Chignecto Ski Club hosts the Fundy Loppet on February 22nd at Fundy National Park. This annual event is a great way to get out on the trails, no matter what your level of fitness or training. This year's course is fun and challenging for all ages and levels: young and old, novice and expert, all are welcome! Visit the Chignecto Ski Club website for more details: [www.skichignecto.ca](http://www.skichignecto.ca).

### Saturday, February 28: **Hillsborough Kiwanis Annual 4X4 Draw**

The Hillsborough Kiwanis will be having their annual 4x4 draw on Feb. 28. Winner has a choice of a Ranger 4wd Side by side or a fully loaded Cfmoto Trail Tracker 500. Tickets are \$60 each—includes an all-u-can-eat roast beef buffet at 6pm. Tickets available from all Hillsborough Kiwanis members or the Hillsborough Kiwanis Community Centre. Details at [Hillsborough Kiwanis Facebook](#).

### Thursday, March 12: **Bookmobile**

10:30-11:30 Alma Activity Centre/Town Office

12:30-1:00 Riverside-Albert - Quick Mart - 5964 King Street

1:30 - 2:00 Hopewell Cape - Albert County Museum

**Tuesday, March 17: St. Patrick's Day Card Party**

If the relentless snowstorms and freezing cold have got you down in the dumps, grab a few friends and come to Forest Dale Home's beautiful "Great Room" for a St. Patrick's Day Card Party. There will be card tables with seats for four, new decks of card, and delicious sweets with coffee, tea and punch for only \$2.00. If you have not been to the new Forest Dale Home, this is your opportunity to see how lovely it is.

Sponsored by Chipoudy Communities Revitalization Committee in partnership with Forest Dale Home, the afternoon promises to add an Irish Blessing to your winter day! March 17, 1-3 pm. Please call if you have questions or to reserve your spot: 882-2626 or 882-2960. (We will be happy to accommodate singles, and make up tables with three friends you have not yet met!) Forest Dale Home, 5836 King Street, Riverside-Albert

**Monday, March 23: Annual General Meeting of the Bennett and Albert County Health Care Foundation Inc.**

7:00pm in the Community Room at the Albert County Health & Wellness Centre  
Guest Speaker – Shelley Jones – Topic "Building the Team for Successful Diabetes Self-Management"

**Saturday, March 28: Fundy Blades Ice Show**

Fundy Blades Annual Ice Show, 11am & 6pm shows. 'Into the Woods' theme.

**Thursday, April 9: Bookmobile**

10:30-11:30 Alma Activity Centre/Town Office

12:30-1:00 Riverside-Albert - Quick Mart - 5964 King Street

1:30 - 2:00 Hopewell Cape - Albert County Museum

**Thursday, April 16: Job Fair**

A Job Fair will be held for adults who want to work (part- or full-time), connecting them with Albert County employers who are looking for mature individuals with skills and a sense of responsibility. If you do not have a resume, there will be a booth to help you create and print one. Riverside-Albert Recreation Centre from 4-8pm. See [www.connectingalbertcounty.org/economic-development](http://www.connectingalbertcounty.org/economic-development) for details.

**Wednesday, April 22: A Fresh Look at Arthritis**

From 2-3pm in the Albert County Health & Wellness Centre Community Room. Register at 882-3100. Speakers: Nadine Chiasson-Peters, Physiotherapist, and Megan Shannahan, Dietitian.

**Weekly events**

**Mondays. Ladies Curling** at 6:30. See you ladies there ~ bring a friend. All you need is clean shoes, warm clothes and be ready to share some laughs! Fundy Curling Club. Riverside-Albert.

**Tuesdays. Zumba® class** - Tuesday 7.00-8.00pm at Riverside Consolidated School. Contact 882-2831. Evelyn Wachs is the certified ZUMBA® Instructor.

**Wednesdays. Kiwanis Bingo.** Hillsborough Kiwanis has bingo every Wednesday night. Doors open at 5:30, games begin at 6:30.

Wednesdays. **Pilates**. 5:30-6:30, Riverside Consolidated School. 872-0403 is the contact for Sasha Rooney, certified Pilates instructor.

Wednesdays. **Zumba® STEP class** 7.00-8.00pm at Rec. Centre Riverside-Albert. Contact 882-2831 or [www.evelynwachs.zumba.com](http://www.evelynwachs.zumba.com). Evelyn Wachs is the certified Zumba Instructor.

Thursdays. **Knitting**. 9:30-11:30am, drop into Turtlepurl yarn studio with your knitting to sit, chat and stitch. 4891 Salem Rd (bottom level), Hillsborough.

Thursdays. **Zumba® class** 7:00-8.00pm at Riverside-Albert Rec Centre. Contact Evelyn Wachs, ZUMBA Instructor, 882-2831 . Last Thurs of the month, location is Riverside Consolidated School.

## Connecting Albert County

**Our mission is to celebrate the culture, natural beauty, and sense of community shared and valued by the people of rural Albert County.**

**We aim to nurture a growing attitude of hope and pride among community members, and to contribute to the economic prosperity of our region.**

**[www.ConnectingAlbertCounty.org](http://www.ConnectingAlbertCounty.org)**

We publish bulletins the middle of each month to spread the news about the following:

- ~ Upcoming events
- ~ Articles about rural Albert County
- ~ Our villages
- ~ Volunteer opportunities and job postings
- ~ Community groups

Sign up at [www.ConnectingAlbertCounty.org](http://www.ConnectingAlbertCounty.org) to receive a monthly bulletin in your email inbox. The emailed version contains more information, including links to the website.

**Connecting Albert County** reflects the passion and hard work of many individuals in rural Albert County, including Joanne Butland, Deborah Carr, Joseph Gallant, Barb Gebuhr, Livia Goodbrand, Lynne Greenblatt, Mindy Holmstrom, Susan Quinn, Phyllis Sutherland, Janine Underhill and Janet Wallace (Moderator).

We thank the [Albert County Health & Wellness Centre](#) and our regional community partners, Micha Fardy (United Way Greater Moncton SENB) and Joanna Brown (Westmorland-Albert Community Inclusion Network) for their support.

