

Connecting Albert County

February 2020



FREE PUBLICATION

Protecting Shepody Mountain: Success!

On January 9th, 150 people packed into the Riverside-Albert Recreation Centre to learn about the nomination submitted by Water and Environmental Protection for Albert County (WEPAC) to have Shepody Mountain designated for protection.

The nomination was part of a provincial plan to increase protected areas in NB from 4.6% to 10% before the end of 2020. The goal of the meeting was to share information about the background of the nomination and the merits of Shepody as a conservation area, as well as rally community support.

Albert County had already responded admirably. Dozens wrote stories and memories. Hundreds more had signed our petition or emailed Minister Mike Holland in support of the nomination.



Following the presentation, WEPAC turned the meeting over to Minister Holland who promptly shocked the audience by announcing that the nomination met the criteria of the initiative and he was setting aside the entire 700 hectares of Crown land on Shepody as a Protected Natural Area (PNA), which allows for low-impact recreation, but does not permit industrial activity.

He said, "Never before has a parcel included in a Crown License forest management plan in New Brunswick been set aside for conservation."

However, before this happened, 50 acres might be subjected to a "select cut" by industry.

While the audience was clearly relieved to hear that the full 700 hectares of Shepody Crown land would be conserved, many questioned the logic and precedent of allowing cuts before conserving.

A "select cut" (which removes certain larger trees to open up access to light) on a few dozen acres hardly appears worth the economic investment and effort to get the wood out.

(Continued on page 3.)

By Deborah Carr

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We thank Gary Steeves Insurance for the generous gift of printing our publication.

Letters to the Editor & Comments on our Website

Deborah Carr's story "Protecting Shepody Mountain" (www.connectingalbertcounty.org/environment/protecting-shepody-mountain) prompted several readers to comment.

"We live at the base of Shepody mountain looking out at Grindstone Island. We purchased our home 3 years ago and moved from Ontario to live in this perfect place. The wildlife and serene vistas brought us here and I can't imagine it being destroyed by such a selfish act. Our water supply comes from the mountain and is pristine. I can also relate to the feelings shared with us from tourists staying at the local inn. This is incredible country and needs to be protected from destruction. Route 114 is a tourist track and I can't believe anyone would want to jeopardize one of this province's main source of income. We need to keep this mountain safe along with the animals and people who depend on it." *Tracy Danks*

"I wanted to share that I support this initiative. As a wood lot owner in Albert County, I am very closely watching WEPAC's request and if it will be supported by this government--700 hectares is a pittance compared to the access the Irving company gets to crown lands in our province.

"Jobs and the protection of forestry jobs is a common refrain. What of the jobs connected to one of our largest industries--tourism, a vital industry for lower Albert County? What the visitors see coming to our Province gets spread by word of mouth far and wide. I've heard many comments coming from visitors about the clear cuts along Route 114 between South Branch and Fundy National Park. Their remarks are ones of disdain and dismay. With the completion of the last section of the Fundy Trail, visitors will be treated to the scenery of clear cuts along the Shepody Road. Not to mention the displacement of the animals, some endangered, along with the destruction of habitat. I've seen first hand the impact this has had along the boundaries of Fundy National Park as it becomes an island of refuge amidst an ocean of clear cuts and mono-cultured plantation forest. We need to do a better job at preserving more Crown lands. Just ask visitors what they see from atop Mount Carlton in Mount Carlton Provincial Park. I have shared my comments with MLA Mike Holland.

I applaud WEPAC in their efforts to protect some of these Crown lands and wish them good luck." *Bonnielee Amstrong*

In response to the article, *The History of the Cape Enrage Lighthouse*, online at www.connectingalbertcounty.org/culture--heritage/the-history-of-the-cape-enrage-lighthouse and originally published in 2018:

"It so nice that you preserved Cape Enrage to its former glory. My grandfather, Lloyd M. Bennett (1923-at least 1937) and Uncle Francis Bennett (at least 1957-1978), were the lighthouse keepers. I spent many a day as a child exploring the surrounding area in awe of the rugged beautiful scenery. Many wonderful memories still to this day.. Thank you."

Lloyd E. Bennett

(Letters continued on page 8.)

In addition to our monthly publication, all our articles are online at www.ConnectingAlbertCounty.org.

("Shepody" continued from page 1.)

Normally select cuts are done to improve the health and growth of the forest. Protected Natural Areas (PNAs) are, by definition, allowed to grow and die naturally with minimal human interference.

Concerns were raised about the impact of the road-upgrade needed to get machines in and the trees out. The existing old road, which has three creek crossings, is stable. The upgrade would allow for larger vehicles and increase the potential for erosion.

On Facebook after the meeting, Minister Holland commented, "First, locals, myself and the forestry company are still discussing whether this [harvest] will even happen. If it does, it's select cut only and I will have the cut supervised by DNR [Dept. of Natural Resources and Energy Development] staff. And also, once conserved, all forestry will be off limits on the Crown land of Shepody mountain."

Beyond this, the phenomenal news is that Shepody Mountain will be legally protected for future generations. Shepody Mountain has the attributes that a PNA should have. As several conservation folks said, "It's a no-brainer."

Perhaps what tipped the scales towards this speedy decision was the level of support that the local community delivered. People clearly said that the conservation of public lands is important to them and that the movement toward protecting such areas is both long overdue and heartily supported. They stepped up and made their voices heard.

In addition, the thoughtful stewardship and commitment of adjacent landowners who carefully maintain their own woodlots for forest health increases the effectiveness and reach of the conserved land.

A Symbol of Unity

Albert County is a meeting place geologically, geographically and culturally. Shepody embodies the convergence of the tidal waters, marshes, fields and forests of our region. The first Acadian settlement in New Brunswick was on its slopes. Original Mi'kmaq inhabitants helped Acadian settlers acclimatize to their new surroundings, and then shared their local knowledge and wisdom with subsequent German and Anglophone settlers.

We've already made an important move acknowledging our combined histories with the Chipoudie Acadian monument in Riverside-Albert. Fort Folly



(Amlamgog) First Nation has been a strong supporter of the nomination as Shepody Mountain is within its territory. Collaborating for the protection of Shepody Mountain is an opportunity to honour, re-weave and celebrate these early relationships and secure them for future generations.

We've requested details from the Minister on the next steps needed to reach the PNA designation and expected time frame, as well as whether there's a time limit within which the harvest must take place. Once Shepody is designated as a PNA, no industrial activity is permitted; a delay in the cut means a delay in signing Shepody into conservation legislation.

Overall, it was a good day for conservation and our forests. This commitment by Minister Holland is evidence that the province is adopting a new ethic for conservation by protecting important forests, wetlands and other ecosystems.

We're grateful to all who helped make this happen: the folks in the conservation agencies who shared the wealth of their own experience, hard-gained through the decades; the landowners who let their hearts choose the words they spoke; the people from near and far who wrote to express their support and share their own love of the land and special memories; and everyone who showed up to let their voices be counted.

The protection of Shepody Mountain heralds a new era in improving our relationship with the land, and with each other.

Pictures and text by Deborah Carr.

Deborah is a member of Water and Environmental Protection for Albert County. wepac.ca

Celebrate 175 Years of the Land, the Sea & the People of Albert County, NB

Greetings from the Albert County 175 (AC175) Committee. We have an amazing year planned, with something for everyone! Here are the highlights, but be prepared for special "surprise" activities as the year goes forward. We will also be joining other events and activities across the county by adding a heritage touch to them. Please check our website and facebook (@albertco175) often!

Over the year, we will host events, lectures, live music and celebrations. Activities will take place in every community in Albert County, which includes Riverview and hugs the shores of the Petitcodiac River to the Bay of Fundy. Albert County features some of the most iconic treasures in New Brunswick, such as the beautiful Fundy National Park, Hopewell Rocks, Cape Enrage and inland areas stretching beyond Caledonia Mountain in all directions.

Event Highlights

Saturday, February 15. 2pm, Riverside-Albert Recreation Centre. AC175 Heritage Talk on "Historic Sites along the Shepody River." Five presenters give a 10-minute talk each with photos about historic sites in the Riverside-Albert area. Refreshments follow. Free.

Monday, February 17. Family Day at Fundy National Park, Salt and Fir Centre. We will bring sleds and toboggans out of our collection and showcase Albert County 175. Enter to win one of several prizes to be drawn at the end of 2020. Free to attend.

Saturday, May 16. Annual Opening Day of the Albert County Museum. View the new Albert County 175 Mobile Exhibit along with recently donated unique artifacts. Free to attend, with snacks and drinks.

Saturday, June 13. Re-dedication of WWI Cannons on the Centennial Anniversary of their arrival in Albert County. One gun was awarded to Albert County for winning the 1919 Victory Loans competition; the other was awarded in recognition of the large number of men who enlisted. The event will feature current Canadian Armed Forces, flyovers by an RCAF plane and First World War Bi-plane, and historical



weapons from the 8th Hussars (Sussex). A Pipe and Drum Band will perform during a parade of our veterans and the cannons will be ceremoniously fired. An AC175 Heritage Talk and reception to follow with the full history of the guns captured at Vimy Ridge in France and their journey to Hopewell Cape. Free.

Wednesday, July 1. RB Bennett's 150th Birthday Celebration. Celebrate the 150th Birthday of Canada's 11th Prime Minister, who was born and raised in Albert County! Featuring a classical concert by the Moncton Youth Orchestra and Sistema Hillsborough. Meet RB Bennett "in person" as an actor portrays him. Free birthday cake and ice cream. An evening birthday event for RB Bennett will be held in the Community Hall featuring dinner and Big Band Music from the 1930s. Tickets must be purchased in advance.

July 7-11. 44th Annual Quilt Show and Sale. This year's theme is "If These Quilts Could Talk" sharing the stories behind the quilts. Part of this year's quilt and fibre show and sale will be the introduction of the Albert County Barn Quilt Project. Get involved and put yours up in 2020! Admission is \$3.

July 25-26. Artisan Showcase. Art Show in the Court House at the museum displaying the best works of local artisans. Artists will showcase their best piece, and the story behind it. Free to attend.

Saturday, August 8. 175th Birthday Bash Festival of Live Music. This is the big day: Albert County turns 175 and you are going to want to be there! A showcase of activities and local talent featuring some of the best musicians in New Brunswick at the Albert County Fairgrounds. A highlight will be musicians performing an original composition written about Albert County. Along with birthday cake, there will be and a beer garden. Free to attend.

(Continued on next page.)

Thursday, August 13. 10th Annual Royalty Tea.* The focus of this year's British High Tea is Prince Albert and Queen Victoria. In 1845, Queen Victoria signed the proclamation making this a county and naming it after the love of her life, Albert.

August 21 & 22. An Evening in the Parlour.* Music and historical drama in a lamp-lit Victorian parlour in the Court House. The play is based on actual events of the time in Albert County. Local actors and musicians entertain the audience in this not-to-be-missed event held over two evenings.

September 11-13. Albert County Exhibition. The Albert County 175 Mobile Exhibit will be on site highlighting the Land, the Sea and the People of Albert County. Presentations will be given on interesting historical topics. Admission at the gate.

Saturday, October 17. 1845 Albert County Dinner.* Traditional meal including menu items found in 1845 with heritage meats, vegetables, desserts and drinks. Local musicians will entertain the audience featuring songs of old. We are pleased to share the agricultural stories of this region.

Wednesday, November 11. Flag Lowering Ceremony at the Hopewell Cape Square. Ceremony at the Bennett Monument beside the Albert County Cannons as part of the region's Remembrance Day events. Free to attend.

December 28-30. Photo Show AC175 Finale Event. Display of photos taken by residents of Albert County showcasing life from 1845 to 2020. Participate by sending your photos from years past and your love for our community today! The photos will be collected and added to the Albert County Museum's permanent collection. The Photo Show will feature some of the best entries and prizes will be awarded in the categories: Historic; Albert County Today; and Youth Photos (18 and under). What a great way to celebrate the year! Free to attend.

* Tickets must be purchased in advance.

In addition to these events, we will host **AC175 Heritage Talks**, monthly talks in communities throughout the county. Local and visiting historians will share the incredible tales of founding families, (Continued on page 7.)



**New Brunswick's
Albert County is
celebrating its
175th Anniversary
and we want you to
join us - 2020 will
be our...
best year ever!**

Learn more at www.AC175.ca

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Joining the Farmers' Market *By "Jim Liar"*

Hey Boomer, this is why you need to join a farmers' market... or start one.

To illustrate, let me continue the story from last month. During the first year I lived on "The Island," a large fishing resort plunked down in Lake Huron, we cut ice with a team of horses and a big work gang, just like everybody else had done forever. The second year, maybe 1964, we turned a very long page in history that had begun when the modern horse was brought to Canada.

Somebody decided that if we cut ice with the newly released, double-tracked Alpine Snowmobile, we could eliminate the horses, the hay, the gang and most of the groceries. We would hire a small crew, take twice as much time to finish, burn gas (a new expense), and use about the same amount of whiskey.

With winter being long and our labour being considered immaterial, it was an easy decision. We would try it. We bought the shiny yellow Alpine (I'm scared of horses anyway). I was about eighty pounds or so, had been cutting wood and carrying water for two years, so I would be "some help."

Another factor was the knowledge that with a snow machine, my sisters and I could travel a few miles over the ice to the two-room Mission School in Whitefish Falls instead of doing school by correspondence. In theory, we would boat to school until freeze-up, wait at home for two weeks while the ice hardened, cross the ice on the snowmobile until break-up, wait at home for two weeks while the ice melted, then into the boat again.

Melting season on Lake Huron is chancy. The steel boat with our biggest motor could break the drifting and frail ice by raw impact (or if not, we broke the propeller and spent the night in and out of the boat, moving ice cakes aside with axes and splintered oars in conditions too hard to recount).

Late that winter, with the morning sun coming up on our faces, we started the usual ice-cutting with our saws, bars and ice chisels. Our team was down to three good men on the ice: old deaf Mike with my old Ojibwa friend to pack the icehouse, and me to do whatever I could. It was a mixed language situation between English and Ojibwa. Back then, the old Ojibwa tended to be very subtle when they spoke English. You watched their eyes as much as listened to their words for the real meaning.

The Alpine maneuvered closer to the ice block haul-out ramp and towed a much lower steel sleigh than



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the full horse team did. This meant that ice blocks didn't need to slide as far or be pushed up the sleigh ramps as high. An added bonus was the lack of the horse's "semi-solid exhaust." With just a little extra whiskey, two good men could tong the blocks out of the water and onto the sleigh in one big motion. Everything was going fine as we adapted to our new gas horse until, while I was riding on the back, there was a minor crash and my ankle got caught between the snow machine and the sleigh drawbar.

Did it ever hurt! It swelled up so big I couldn't get my boot back on. There was no Medicare then. Nothing was falling off so it was something to just live with. For a couple days, I lurched around, being useless and complaining, until it wouldn't really move much at all. Then my old Ojibwa friend sat me down in the snow and looked right into my eyes.

I looked back at him and he said, "Jimmy, if you don't get that moving, it will never move again."

This kind of echoed through my head. Old Ojibwa at that time were all healers by virtue of unpleasant experience. So I started flexing, crying, hurting and trying to walk again, and it eventually healed on its own.

So I'm now... older than I was. Like many, I have increasing trouble in conversation finding the words. I have something like arthritis crippling my smaller fingers and moving into my good right hand. Again, Medicare can't fix this. On my long-gone Ojibwa friend's good advice, I started playing flute and learning music to open up my head and keep my fingers going. Am I any good? Hardly, but that's not the point.

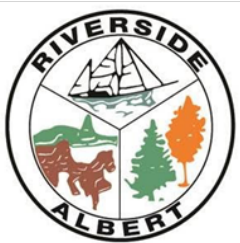
The point is (finally) the farmers' market is where I flog my wares. I have to think hard and talk constantly. My numb little fingers count change, make coffee, put out the signs, make signs. I find it a very good

practice for me, as it would be for any older person. The younger people there are very sharp and insightful. They want to succeed, want the community to succeed, and have a bigger stake in the future of our community than we have.

And, surprise, the younger sorts need us old farts. We have the skills and experience to get done everything their phones won't do. Boomers often don't need income from a market table, but they need to get out a lot, blow out the cobwebs a lot, and talk, keep moving and thinking.

So starting and floating a market concern, building the skills to make and hopefully sell something is pretty hard, expensive and awkward for loners like me. So what? Do it anyway. Failure doesn't hurt: it's the only way I learn anything. I've failed at so much, by now I must know everything, and if I don't, I'll make it all up and nobody will notice.

The oldest people in the world are in Okinawa, Japan. They get that way because of *ikigai*, a sense of purpose in life, and *moai*, an informal social grouping that looks out for each other. My Ojibwa friend would boil it all down to: "Ya don't keep it movin', it's all gonna stop."



5823 King St., Riverside-Albert
NB E4H 4B4

**Village of
Riverside-Albert**
Fundy Historic Village

506-882-3022
villra@nbnet.nb.ca www.riverside-albert.ca

(AC175 continued from page 5.)

merchants, ship builders, historic figures and people of the tides who established Albert County- 175 years of stories! All historic talks are free to attend.

For more information and the full event calendar, visit AC175.ca or Facebook/AlbertCo175. Presented by the Albert County Historical Society and supported by the Government of Canada, Province of New Brunswick, and local supporters including: Friends of Fundy, Albert County Tourism Association and Chamber of Commerce, Connecting Albert County, Ponderosa Pines Campground, Broadleaf Guest Ranch, Bayview Chalets and local community members.



Seedy Saturday and Garden Expo 2020 *By Angela MacDougall*

Look at the thyme! It's almost March again and our 3rd annual Seedy Saturday and Garden Expo is just around the corner. For all you gardeners out there who are itching to get your fingernails dirty, this day is for you!

Last year we were blown away by the number of gardening enthusiasts who attended. This year is going to be even better, with 25 booths of local seed companies, goods for and from the garden, workshops, seeds swap, speakers, activities, door prizes and more! *Oh kale yeah!*

("Letters" cont. from p. 3.)

Note that *Connecting Albert County* does not normally publish birth announcements but the following relates to a letter published in January.

"We would like to announce the arrival of two healthy baby boys, born December 20th. Regn and Reidun are now at home with us and growing daily. Thanks to everyone for all the Albert County support!"

Gabriel, Dominique, Ayah, Regn & Reidun



Last but not *leeks*, Foods of the Fundy Valley will offer their famous Soup Bar along with tea and coffee, so you can stay all day and not miss a *beet*.

Come on, don't *basil-ly!* Get down to the Hillsborough Kiwanis Center, March 7th from 10am- 3pm and find your inner *peas!*

Workshops include:


Farmer Brown's Greenhouse: Basic of Seeds- Starting and Growing; Garden Prepping.
Frank Cochrane, Cochrane Family Farm: Top 5 Easiest Seeds to Save.

Bob Osborne, Cornhill Nursery: Backyard Flowers.

Moe Leger, Pumpkin Hill Farm: Hand Tools for Market Gardeners.

Seed Swap Table: A place where gardeners can swap seeds. Bring seeds you have an excess of, but please make sure they are in good condition, packaged and labelled clearly. We will also have free catalogues, brochures and hand-outs for people to take home.

Check out our Facebook event for more details. Kids' activities. Free admission.



FOODS OF THE FUNDY VALLEY PRESENTS:
To Register Contact: foodsofthefundyvalley@gmail.com or
Kris at 506-878-9285

What Is A Community Kitchen ?


A community kitchen is a group of people who meet regularly to make healthy, low cost, delicious meals that they take home to share with their families or even freeze.

Who can join? Our community kitchen is open to anyone residing in Albert County and is interested in healthy cooking.

Why join a Community Kitchen? To save money - To save time - To taste new foods - To share cooking skills - To learn new recipes - To meet new people and make new friends - To have fun !

What is the cost ? The cost of a community kitchen is shared between members of the group and government funding. Two recipes are prepared in each session. Participants pay \$2.00 per portion they wish to take home.


Putting Fun
Back In
Cooking !



TUESDAYS
9:30 - 11:30 a.m.

COMMUNITY KITCHEN

IN THE HILLSBOROUGH BAPTIST CHURCH
26 Braam Cres. Hillsborough, N.B.



Hopewell Rocks *By Kevin Snair*

When my family moved to Albert County 20 years ago, the Hopewell Rocks were a curiosity to me. Visiting was reserved for times when family “from away” visited. I probably visited less than a dozen times in my first eight years.

In 2009, circumstances required me to seek new employment and a friend suggested I inquire at the park. I had no idea of the profound shift my life path would take with this one simple act. I instantly became captivated by the Rocks and the people who travel from all corners of the globe to experience them. Perhaps I had found my calling as an Interpretive Guide.



To be the best that I could be, my thirst for Fundy knowledge was unquenchable. The park history had never been well documented so I realized that I would have to do it myself. Fortunately, the residents of Albert County are very generous in sharing their history



and memories. My first few winters were spent sipping tea with locals as they told stories of family picnics, Sunday school outings, or cooling off at the swimming hole on the Ayer family’s property.

Photo albums were explored and images were scanned. I was finally getting a sense of how important “The Rocks” was (and continues to be) to our community. Every photograph played a small part in piecing together the puzzle of how the park evolved into the world-class attraction it is today.

A lot of memories seemed to center around the old “Pavilion.” I first sat down with Les Steele ten years ago and he shared his very first experience of the Rocks. As I remember it, he was travelling for his job and stopped at the Pavilion for a bite to eat. As he was enjoying a mouth-watering hamburger, he happened to glance towards the kitchen in time to witness the cook swatting flies with the spatula. This vision did nothing to deter his appetite. Les was a wealth of information and I regret not getting back to speak with him more.

www.ConnectingAlbertCounty.org

Above: 1930s; lower left: ~1923; below: Kane family, ~1946.



I sometimes fantasize about travelling back in time to the summer of 1928. Imagine the excitement in the crowd as R. B. Bennett (newly named Leader of the Opposition) gave a heartfelt speech on the park grounds to a gathering of over 5,000 listeners. They then took advantage of the newly built wooden stairs to explore the shoreline below. I always wonder how different the

shoreline looked back then. In 1928, the Devil's Cave was still accessible for those brave enough to enter and it would be another 88 years before Elephant Rock would finally stumble and fall.

Eventually, I wrote a book about the park. The first printing is on the verge of depletion and I now set my sights on a second edition. Although my quest for historical Rocks images has never dwindled, the spark has now been reignited. This is where you can help. If you have memories of trips to the park, I want to hear them. If you have old photographs or souvenirs from long ago, I would love to see them. If you know of someone who may have something, please reach out to them. Later this year, I will be giving a presentation in

conjunction with Albert County's 175th Anniversary. How wonderful it would be to have "fresh" old photographs to share with the community.

Please search your attics, check your Grandmothers' diaries and re-examine your photo albums. Then email me at kevin@creativeimagery.ca to help share our rich history of a park that continues to benefit the community in untold ways.

Kevin Snair is a professional advertising photographer and Supervisor of Interpretive Services at the Hopewell Rocks. His book (Bay of Fundy's Hopewell Rocks) along with his photographs are available for purchase from many local shops from Moncton to Alma.



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ALBERT COUNTY PHARMACY

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Feeling Better Starts Here

Save Smart, Shop Local.

February is Heart Month – a time to bring attention to the importance of cardiovascular health, and what we can do to reduce our risk of cardiovascular disease.

Heart disease is the second leading cause of death in Canada.

We can all reduce our risk of heart disease by making healthy lifestyle choices, including quitting smoking, eating a healthy and balanced diet, getting enough sleep, exercising regularly, and monitoring blood pressure and cholesterol levels.

We will be having our free monthly blood pressure clinic on Thursday, February 13 from 9:30am-12:30pm

Albert County Pharmacy

Store Hours:

Monday-Friday

9am-6pm

Saturdays 9am-3pm

Pharmacist

on Duty:

Monday-Friday

9am-6pm

Come in for your copy of our monthly flyer, and check out our [Facebook page!](#)

ALBERT COUNTY PHARMACY

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www.ConnectingAlbertCounty.org

Turtle Creek Trestle *By Conrad Steeves*



In the days of World War I, many independent railway branch lines in New Brunswick had insufficient revenues and, consequently, struggled to survive.

Pressure was put on the Federal Government to take over the lines. In 1918, the lines were merged with the former Intercolonial Railway, already a government operation. The Canadian Government Railways (CGR) soon realized that the branches had not been maintained, including the one between Salisbury and Albert. The CGR inspectors determined that the wooden bridge over Turtle Creek on this branch was unsafe. To allow operations to continue until the bridge was replaced, a plan was devised to protect passengers should the bridge collapse under a train.

The train would stop at the approach to the bridge. The passengers would get off the train while one engine crew member walked across the bridge and waited at the far end. The other crew member then put the train in slow motion and got off. The driverless train slowly crossed the bridge to where the first crew member waited. He got on board as it rolled by and stopped the train. The passengers and the rest of the crew then walked across the bridge and boarded the train. No information has come to light about the reactions of the people involved. The bridge was 535 feet long and 68 feet high. It must have been a scary prospect for some and cold in the winter.

Above left: Bridge built of hard pine in 1893. S&A Engine #5 is pulling a train across it (~1910).

Above right top and middle: Passengers walking on the bridge in the winter of 1919-20 while the bridge was being rebuilt. Planks had been laid between the rails to make walking easier but there were no hand railings.

Right: CN Diesel 1801 heading for Salisbury in 1971 with carloads of wallboard from the gypsum mill in Hillsborough.

This steel bridge (erected in 1920) is still in existence and serves as part of the NB Trail system. Photos provided by Conrad Steeves.



Winter Survival Techniques from the Animal Experts

By Kat Hallett

Wildlife is all around us, even in winter. We may not see as many creatures as we do in other seasons, but that doesn't mean they aren't here and thriving. While some animals, primarily birds, migrate to warmer areas for the winter, many native to Atlantic Canada have become experts at surviving cold and snowy environments. Moose eat huge quantities of leaves and shoots in the fall, building up their fat stores before the temperatures drop. Throughout the winter, although there is still some food available to them in the form of twigs and bark, they rely on stored energy, and move as little as possible in an effort to conserve energy. The Canada Lynx, on the other hand, is able to remain active during the winter thanks to its own snowshoes: its huge, furred paws. It has no problem trekking through deep snow and chasing prey to keep well-fed throughout the winter.

In the world of freshwater fish, winter in Canada is a time where food is scarce and activity is minimal. In lakes and rivers, Brook Trout remain in open water under the surface ice, essentially swimming only enough to keep their gills oxygenated. Their metabolism slows down and, as ectothermic animals, they take on the temperature of the water surrounding them and become sluggish to conserve energy. The winter survival strategies of amphibians and reptiles (also ectothermic) are similar to those of fresh-water fish; they hunker down and conserve energy. Like the Brook Trout, the Leopard Frog (below) remains in open water under ice. Other aquatic amphibians bury themselves in the mud, while those that live on land find a nice cozy spot, called a



hibernaculum, under fallen leaves or buried underground if they are able to dig. Miraculously, some species, such as the Wood Frog, have developed a high concentration of sugars in their vital organs to prevent them from freezing; they can survive even if their heart and lungs haven't worked for many months.

When winter is predictable and consistent from year to year, animals are able to flex their evolutionary muscles and survive the season like old pros. With the effects of climate change, however, it becomes much more difficult for wildlife to adapt to seasonal changes. Imagine a black bear that typically survives the winter by going into hibernation. The drop in temperatures signals to the bear that it's time to hibernate, but if it never drops below a certain temperature, or there are too many fluctuations between freezing and warmer temperatures, the bear might never go into hibernation. As such, it ends up struggling to forage for food in an unfamiliar environment. Less snowfall could leave amphibians and reptiles, which usually depend on the insulating quality of snow, struggling to find a suitable hibernaculum to spend the winter. Warming temperatures could mean an important food source moves further north. Despite all the challenges presented by climate change, the resiliency of animals demonstrates time and time



again how they are true survival experts.

Kat has recently moved away from Alberta County, but still has tons to say about the 2.5 years she spent living in Alma. She enjoys hiking, camping and fishing, and this love of nature is reflected in most of her writing.

Images by Denis Doucet

Caledonia High Wins STEM Award! *By Ben Kelly*

Caledonia Regional High School in Hillsborough won the award for the best STEM High School in North America! Each year, the Future of Education Technology Conference in Florida presents awards to the best North American elementary, middle school and high school programs in STEM (science, technology, engineering and mathematics). The judges said this year was super-competitive, more than ever before.

It was so nice to hear the predominantly American crowd in Miami cheer loudly when Canada (for the first time) took home top honours.

According to an article in *District Administration* (Jan. 17), Caledonia Regional High School's "STEMpathy" programming represents the two most important skills with which students can graduate. The school's motto is: 'The world has enough flashlight apps!' STEM experiences are enriched with an empathy focus."

"Caledonia Regional was the first school in Canada to have a K-12 Dronography (Academic Drone Applications) program. Students use drones to survey flood damage, practice first-aid delivery during mock disasters, and inspect structural integrity. It was the first Canadian school to have its own Microsoft HoloLens, which was used when technology and skilled trades students collaborated to design and sell New Brunswick's first K-12 Tiny House. STEM program students also created the first iOS apps in eastern Canada. The world has enough flashlight apps, so these students focused on apps to support inclusion and 'New-Comers' to Canada."



A promotional flyer for CBDC Westmorland Albert. The top section has a gold banner with the text 'LOOKING FOR A NEW ADVENTURE IN BUSINESS'. Below this is a group photo of seven business professionals. Underneath the photo, it says 'Come & meet our team to discuss our programs'. There are two columns of text: 'Loan Programs:' and 'Also offering other programs:'. The 'Loan Programs' list includes: CBDC Youth Loan, CBDC First-Time Entrepreneur Loan, CBDC General Business Loan, CBDC Innovation Loan, and CBDC Social Enterprise Loan. The 'Also offering other programs:' list includes: The Self-Employment Benefit Program (SEB) and Business Development Seminars (BDS). At the bottom, there is the CBDC logo and contact information: '337, rue Main Street, Shediac, NB E4P 2B1', '506-532-8312 • Toll Free 1-800-925-6677 • www.cbdc.ca'. The footer of the flyer also includes the website 'www.ConnectingAlbertCounty.org'.

The logo for CBDC Westmorland Albert, featuring a red maple leaf and the text 'CBDC WESTMORLAND ALBERT Corporation au bénéfice du développement communautaire'.

Are you considering starting your own business? CBDC is offering a series of Business Development Seminars.

March 9-13th at the Riverview Town Hall, 30 Honour House Court

TOPICS: Business Plan, Cash Flow & Accounting, "SWOT" Analysis, Marketing, Customer Management, Financing, Legal counseling, and more! Participants must register before attending classes. For more information, contact 532-8312.

Fundy Curling Club

By Alan Demaline

The 2020 season at the Fundy Curling Club (FCC) is well under way. January was full of great action on the ice with a record number of new curlers who graduated from our adult Learn to Curl program. All our rookie curlers are already putting up well-positioned guards, delivering great draw shots and throwing awesome take-outs! But best of all, they add to the great atmosphere at the club with their enthusiasm, desire to learn a new sport and big smiles and laughs on and off the ice.



Speaking of smiles and enthusiasm, our Little Rocks Program got off to a great start. This was the first opportunity for the kids to test out their new curling stones, brooms and sliders. The program is made possible in part with support from the Bennett and Albert Health Care (BACH) Foundation, and donations from local individuals and businesses. The roof of the ice shed was just about blown off from the volume of kids yelling "We Love Curling" at the end of each session before heading in to share laughs and warm up with a hot chocolate. The "Fundy Little Rockers" are the future of our club and we are all so very happy to see how much fun they are having.

In January, accomplished curler Rob Swan visited FCC in his quest to Curl Across the Nation by playing a game in every curling club in Canada. Originally from Harvey Station, NB, Rob's goal this year is to curl in more than 100 games in more than 100 different

curling rinks across our great country this curling season! Thanks for coming to Fundy and good luck!

February is the month of love and what says "I Love You" more than taking your significant other out and getting in on the great events coming your way at the club? Trust me on this and take in one or more of the following events; chocolates, roses, or a trip to a warm sunny destination will be a distant memory!

The first weekend of February is our mixed Bonspiel in which up to 16 teams from far and near will compete to be crowned the FCC Mixed Champions. Come out and watch some of the exciting action on the ice in what will be the busiest weekend of the year.

On February 17th, the FCC will have an information booth at the Salt and Fir Centre in Fundy Park as the Friends of Fundy and Fundy National Park host the Family Day Sliding Party. After sliding in the bowl, be sure to drop by and see us for information on the club and our programs.

The club will host all manner of curling games from Little Rocks, stick curling, doubles curling and whatever else we can come up with when we celebrate Curling Day in Canada on February 22nd. Join us for the Canada-wide curling game and a chance to win a \$10,000 club renovation!

See you at the club and until next time....Good curling!

Image by Kevin Snair.



Ponderosa Pines Campground
1-800-822-8800
www.ponderosapines.ca
Lower Cape, New Brunswick, Canada

Sistema NB Hillsborough Fundraising Dinner and St. Patrick's Day Party

Sistema NB Hillsborough Centre will hold its first annual Fundraising Dinner and St. Patrick's Day Party at Farmer Brown's Greenhouse on Saturday, March 14.

Sistema Hillsborough, a program of the New Brunswick Youth Orchestra, is designed to inspire children and youth to achieve their full potential through learning to play the violin.

Through their participation in the program, students build confidence, develop teamwork and leadership skills, and perform better academically. The Sistema program is delivered at no cost to children and their families. It is supported in part by the government of New Brunswick, but the organization must raise 75% of the costs. Sistema Hillsborough also receives support from the Bennett and Albert Health Care (BACH) Foundation.

The event promises to be an engaging and lively evening with a live performance by the Sistema violinists, live entertainment by Fundy Ceilidh, a beer garden by Holy Whale Brewery and a silent auction.

Tickets are available in advance through Eventbrite or by emailing sistemafundraiser@gmail.com.

Submitted by Sara Liptay

Hillsborough Wellness Drop-in

Free, confidential information sessions with a Social Worker or Registered Nurse from the Albert County Community Health Centre focused on helping with personal wellness goals and connecting to community services. For ages 16+.

This drop-in service works on a first come, first serve basis. Just walk in and register upon arrival.

Hillsborough Satellite Office 2807 Main St., Hillsborough

Feb. 5; Feb. 19; March 4 & March 18, 2-6 pm

Offering information on the following topics:

- Brief intervention for mental health and addictions including referrals to services
- Referrals to services for seniors
- Discussion/advocacy/support for income assistance, services, housing and health cards

- Smoking cessation
- "My Health Plan"
- Stress and sleep
- School/work life balance

For details, contact Alicia O'Hara or Jacquelyn DuPlessis at the Albert County Community Health Centre 882- 3100. This service is provided in part with the support of the Bennett & Albert County Health Care (BACH) Foundation.

Connecting Albert County: Exploring our Trails

We are pleased to announce that in late spring, we will publish *Connecting Albert County: Exploring our Trails*. This special issue will be full of articles about using trails—whether walking, snowshoeing, fatbiking or skiing.

There will be information for both beginners and advanced trail users on getting started, staying safe and using trail apps. Stories include personal accounts of hiking with small kids, how exploring the trails by foot and snowshoe has changed a man's life, and much more.



Connecting Albert County: Exploring our Trails will feature a directory of trail systems in Albert County and extending to St. Martins and Sussex, including descriptions of trail characteristics and highlights.

The special issue is made possible, in part, with the generous support of the Fundy ULTRA Community Trail Micro-Grant, as well NB Tourism, Heritage and Culture-Sports.

The digital issue will be sent to our subscribers and print copies will be distributed throughout Albert County. For this special issue, however, we will have a much larger print run and scope of distribution.

We invite you to become involved in *Connecting Albert County: Exploring our Trails* in the following ways:

- Tell us what your favourite trail is and why, or share a memorable experience on a trail.*
- Let us know what your favourite trail app is and what you like about it.*
- Help print copies. We are looking for businesses with colour printers to help out.
- Consider advertising in the issue. (Note that a 15% discount is applied to all full-year advertisers with a business card ad or larger. See details on page 23.)
- Volunteer with editing, proofreading or distribution.

If you would like to be involved in any way, email Janet Wallace at info@ConnectingAlbertCounty.org.

*Note submissions may be edited and we may not have space to include all submissions.

Image: Herring Cove, Fundy National Park by J. Wallace.

Subscribe to Connecting Albert County

Sign up at www.connectingalbertcounty.org/newsletter to receive a link to this publication every month in your email inbox.

Better yet, get involved! We welcome volunteers to help edit and proofread, post articles online, or join our Board of Directors.

We also welcome articles, photographs, letters, as well as donations and advertisements.

Visit connectingalbertcounty.org to find articles and past issues of our publication.

Hillsborough Public Library

Regular Events

Community Coffee Hour Every Friday, 10am-12pm. Visit the library for a free cup of coffee/tea and a chance to socialize. Adult colouring books, puzzles and games will be available. Come and get to know your community. All ages welcome!

Toddler Time Wednesdays, Feb. 5 & 19, 10-10:30am. A fun time of rhymes, songs and books for children (18 months to 3 years) and their parent/guardian.

In Stitches Knitting and Crochet Time Thursday, Feb. 13, 6-8pm. Visit the library during our monthly knitting and crochet time to socialize while working on your projects. Warm drinks (coffee, tea, hot chocolate) and light snacks will be provided.

Technology Help Thursday, Feb. 13, 1-4:30pm. Are you having trouble using your iPad or tablet? Want to learn how to use the library online catalogue or databases? Have questions about email or social media? We are here to help! Drop in or contact us to set up a one-on-one appointment.

Story Time Tuesdays, Feb. 11 & 25, 10am. Story time for newborns to 5-year-olds. Fun stories and songs.

After School Creative Writing Club Wednesday, Feb. 12, 3:45-4:45pm. Kids in grades 3 and above are invited to learn different styles of writing starting with paragraphs and working up to short stories and poems. Get your creative juices flowing onto paper.

After School STEAM Club Tuesday, Feb. 18, 3:45-4:45pm. Ages 7+. Explore Science-Technology-Engineering-Arts-Math (STEAM). Each month we focus on different areas from coding to robots and more.

After School Drop-in Wednesday, Feb. 26, 3:45-4:45pm. Drop into the library after school to choose from a variety of activities including board games, STEAM items and more.

Special Events

Kids Crafternoon Saturday, Feb. 8, 1:30-3pm. DIY Sock Monkeys. Come out and sew your own sock monkey. All materials provided. Registration required.

We are looking for your input! The library is looking to host a financial literacy seminar in the spring on one of the following topics:

- Budgeting 101
- Smart Spending & Consumerism
- I'm Worth It (designed for women)
- Smart Saving: Investment Basics
- Stay out of Fraud's Reach

Contact the library to let us know what you would be interested in.

March Break at the Library Our March break schedule will soon be released! Be guaranteed to know what is happening by following us on Facebook or by signing up for our monthly email newsletter.

Hillsborough Public Library

2849 Main St., Hillsborough, 734-3722
Hillsborough.PublicLibrary@gnb.ca

Tuesday, Wednesday, Friday &
Saturday: 9am-12pm, 1pm-5pm;
Thursday: 1pm-5pm, 6pm-8pm

By Victoria Stroud-Arsenault



2849 Main St Unit 1 Hillsborough NB E4H 2X7
www.villageofhillsborough.ca

Village of Hillsborough

Tel:(506)734-3733

Fax:(506)734-3711

Email:

hillsboroughnb@rogers.com



Community Calendar

Friday, January 31

Alma Winter Carnival. Details on Alma Recreation Centre-Facebook.

Fundy Curling Club Mixed Bonspiel. See page 14.

Bend 'n' Stretch Senior's Chair Yoga*

Chase the Ace-Riverside-Albert*

Weekly Card Games-Alma*

Saturday, February 1

Alma Winter Carnival. See Jan. 31.

FCC Bonspiel. See Jan. 31.

Sunday, February 2

Alma Winter Carnival. See Jan. 31.

FCC Bonspiel. See Jan. 31.

Monday, February 3

Pickleball*.

Tuesday, February 4

Seniors Learning on the Go. Free presentations on Fraud Prevention, Elder Financial Abuse and Food Safety at Riverview's Coverdale Centre. Transportation and lunch provided. Bus leaves the Old Bank in Riverside-Albert 8:45am. Registration required by Jan. 24. Call: 887-2020.

Foods of the Fundy Valley (FFV) Community Kitchen. See page 8.

***Weekly events are on page 21, library events are on page 17, and addresses are on page 23.**

Wednesday, February 5

Gentle Yoga*

Shepody Food Bank*

Hillsborough Wellness Drop In. See page 15.

Hillsborough Kiwanis Bingo*

Thursday, February 6

Hillsborough Christian Moms Connect. 9:30-11am at Surrey Valley Baptist Church for moms with children of all ages. The group is a message series with weekly discussions not associated with any particular church. Childcare provided for preschoolers. Facebook Hillsborough Christian Moms Connect. Call or text Amy Woodard 850-4690.

Friends of the Hillsborough Arena-Chase the Ace*

Country & Gospel Music Evening*

Celebrate Recovery*

EcoElgin Meeting. 7pm. Elgin Seniors' Hall. See Elgineco on Facebook.

Friday, February 7

Riverview Winter Carnival. Feb.7-16. Fun, affordable family activities. www.townofriverview.ca/events/winter-carnival

Bend 'n' Stretch Senior's Chair Yoga*

Chase the Ace-Riverside-Albert*

Weekly Card Games-Alma*

Monday, February 10

Pickleball*

Tuesday, February 11

FFV Community Kitchen*

Wednesday, February 12

North of 55*

Gentle Yoga*

Shepody Food Bank*

Hillsborough Kiwanis Bingo*

Thursday, February 13

Drop-in Blood Pressure Clinic. 9:30am-12:30pm. Second Thursday of every month. A nurse will be at the Albert County Pharmacy to check blood pressure for free.

Hillsborough Christian Moms Connect*

Friends of the Hillsborough Arena -Chase the Ace*

Country & Gospel Music Evening*

Celebrate Recovery*

Friday, February 14

Bend 'n' Stretch Senior's Chair Yoga*

Curryville Community Outreach Center Valentine's Dinner. 6-8pm. Live music and 3-course meal. \$25 per person. Wine/beer available or bring your own. Reservations

Hillsborough Arena Public Skating

Public Skating: \$2/person or \$5/family

Hillsborough Arena: 734-3715

Monday 10-11 am: Preschool Skate (free)

Tuesday 10-11 am: Adult Skate

Thursday 10-11 am: Adult Skate

Friday 8-9pm: Public Skate

Saturday 2-3pm & 8-9pm: Public Skate

Sunday 2:15-3:15 pm: Family Skate

Children must be accompanied by an adult during Family Skate. Helmets on youth 10 & under is mandatory.

required. Send private message to Facebook page, call 851-9911, or email or send e-transfers to angela.macdougall@yahoo.ca.

Chase the Ace-Riverside-Albert*

Weekly Card Games-Alma*

Saturday, February 15

Dog Day of Winter. 11am-3pm. 2nd Annual Harness Dog Sport event at Fundy National Park. See page 20.

AC175 Heritage Talk. 2-4pm. Riverside-Albert Recreation Centre. Topic is "Historic Sites along the Shepody River." Five presenters will each give a 10-minute talk with photos about historic sites in the Riverside-Albert area. Refreshments will follow. Free.

Monday, February 17

Family Day Sliding Party at Fundy National Park. 11am-3pm. Bring sleds and toboggans. Info booths at the Salt and Fir Centre. Refreshments available. Bring your own mug. See page 20.

Pickleball*

Tuesday, February 18

FFV Community Kitchen*

Wednesday, February 19

Gentle Yoga*

Shepody Food Bank*

Hillsborough Wellness Drop In. See page 15.

Hillsborough Kiwanis Bingo*

***Weekly events are on page 21.**

Library events are on page 17.

Addresses are on page 22.

Thursday, February 20

Hillsb. Christian Moms Connect*

Friends of the Hillsborough Arena-Chase the Ace*

Country & Gospel Evening*

Celebrate Recovery*

Friday, February 21

Bend 'n' Stretch Chair Yoga*

Chase the Ace-Riverside-Albert*

Weekly Card Games-Alma*

Saturday, February 22

Fundy Curling Club Curling Day in Canada. 5-11:30pm. See p. 14.

Monday, February 24

Pickleball*

Tuesday, February 25

FFV Community Kitchen*

Wednesday, February 26

North of 55*

Gentle Yoga*

Mobile Eco Depot-Hillsborough

Shepody Food Bank*

Hillsborough Kiwanis Bingo*

Thursday, February 27

Hillsb. Christian Moms Connect*

Mobile Eco Depot-Hillsborough

Friends of the Hillsborough Arena-Chase the Ace*

Country & Gospel Music*

Celebrate Recovery*

www.ConnectingAlbertCounty.org

Mobile Enviro Depot

Residents of Westmorland and Albert Counties are welcome at any Mobile Eco-Depot event, not just the one closest to them or in their community. In rural Albert County, the depot rotates between Alma, Riverside-Albert and Hillsborough.

From noon to 8pm.

What can you drop off?

For no fee, residents will be able to visit any Mobile Eco-Depot to dispose of the following (up to a ½ tonne truck and utility trailer load):

- Appliances (limit of 1/type): Fridge, stove, freezer, dryer, BBQ, etc.
- Electronic Waste: TVs, computer monitors, hard drives, DVD players, gaming consoles, etc.
- Furniture
- Small Household Machinery (must be emptied of gas and oil)
- Construction, Demolition and Renovation Waste
- Household Hazardous Waste: Batteries, cooking oil, aerosols, paint, light bulbs, fertilizers, chemicals, CFL bulbs, propane tanks, etc.
- Car/truck tires (maximum of 20" diameter, limit 8/person)
- Brush, branches, yard waste
- Ashes
- Glass
- Cardboard and paper
- Cooking oil
- Metal

*No car parts, gas tanks, residential oil tanks, regular curbside waste or commercial waste

Service is for residential customers only. Commercial waste or regular curbside household waste will not be accepted. Residents are asked to sort and separate their loads by material type. Details: www.eco-360.ca/mobile-eco-depot-program

Friday, February 28

Bend 'n' Stretch Yoga*

Chase the Ace

Riverside-Albert*

Card Games-Alma*

SAVE THE DATE

Saturday, March 7

Seedy Saturday & Garden Expo 2020. See p. 8.

March 9-13

CBDC Business development seminars. See p.13.

Saturday, March 14

Sistema Dinner/St. Patrick's Day Party. See p. 15.

Check out our community calendar and add events at www.ConnectingAlbertCounty.org/calendar.

***Weekly events: page 21.**

Library events: page 17.

Addresses: page 22.

Friends of Fundy in February *By Micha Fardy*

It feels like it took forever for winter to actually get here. For some, that may be a good thing. However for others (like us!), we couldn't be more excited to finally have snow on the ground, because it can only mean one thing: **awesome winter activities!** The best way to enjoy winter is to spend time outside skiing, snowshoeing, fat biking or sliding. We are very fortunate in Albert County to have many places where we can enjoy winter activities. One such place is Fundy National Park, where we will host winter events with some of our partners. Most events described below are free, but you will be required to buy an entry permit to Fundy National Park or pick up your season pass.

Dog Day of Winter: On Saturday, Feb.15th, the Friends of Fundy, Moncton Dog Runners and Fundy National Park bring you the 2nd annual Harness Dog Sport event! Never heard of harness dog sports before? Or are you a seasoned expert with many races under your belt? We will have something for every experience level. Everyone is welcome to sign up for the Canicross Fun Run in the morning. Beginners are encouraged to come out to watch the demos and learn more at the information booths in the afternoon. There will be information on Skijoring, Bikejoring and Kick-sledding at the Chignecto Pavilion. Participants and observers can head to Holy Whale Brewery after for the Dog Day Social and home-made dog treats.

Family Day Sliding Party: On Monday, Feb.17th, the Friends of Fundy, Fundy National Park, Albert County Museum, Fundy Biosphere Reserve, Hopewell Rocks and Outdoor Elements team up to make an unforgettable day of outdoor fun! Drop into the Salt & Fir Centre at Fundy National Park from 11am-3pm for hot chocolate, coffee & treats. BYOM (bring your own mug) and learn about all the exciting things planned for the Fundy Region in 2020. Grab your toboggan and take a slide (or several) down the bowl then come back inside to hang out and warm up.

Micha Fardy is the Executive Director of Friends of Fundy. The Friends of Fundy, incorporated as the Fundy Guild, is a non-profit charitable organization that works to increase public awareness and enjoyment of the natural and cultural heritage of Fundy National Park and its surrounding communities. As the official 'Friends' of the Park, we support meaningful visitor experiences that contribute to the region's conservation and community development goals. Follow @FriendsofFundy for announcements and updates.

Albert County League of Gamers *By James Wilson*

The Albert County League of Gamers is a Facebook group that has been around since 2012. Its membership is made up of current and former residents of Albert County who have an interest in gaming, be it video games, board games, or Dungeons and Dragons (D&D).

The group was originally started as a platform for uploading the files needed to play D&D but quickly expanded its focus to video games. Online events for playing Civilization 5 have been done in the past and members often share what new games they are currently excited about. That said, organizing D&D groups is still an important function of the group.

The Albert County League of Gamers is meant to make it easier to connect people with others in the local area who like to play the same games and as a platform for sharing gaming news and memes. This is important as Albert County can be a big place and it can often be hard to organize in-person gaming sessions or even know who is into gaming. The Albert County League of Gamers is open to people of all ages who live, or have lived, in Albert County. The group can be found at www.facebook.com/groups/239016929561000.

Weekly and Biweekly Events

Mondays

Pickleball 6:30-8:30pm. Riverside-Albert Recreation Centre: \$2/night but your first night is free! Sport for all ages: learn more at www.pickleballcanada.org.

Tuesdays

Local community kitchen 9:30-11:30am. Hosted by Foods Of The Fundy Valley at the Hillsborough Baptist Church. A community kitchen is a group of people who meet regularly to make healthy, low-cost, delicious meals that they take home to share with their families or even freeze. Open to anyone residing in Albert County and interested in healthy cooking. Two recipes prepared each session. Participants pay \$2/portion they take home. Pre-registration required. Contact foodsofthefundyvalley@gmail.com or Kris at 506-878-9285.

HillzKids (Grades K-5) & **iMagine Youth** (Grades 6-12). 6:30-8pm. All welcome. Hillsborough Baptist Church.

Wednesdays

North of 55 *Every 2nd Wednesday* 10-11:30am. For ladies & gentlemen 55+. Snacks, games, stories and prizes at Hillsborough Baptist Church. Contact Nettie Steeves: 380-2901, 734-2900.

Yoga 10:30-11:30am. Hillsborough Legion. Gentle restorative stretches aimed at improving/maintaining flexibility, balance, and sense of well being. No experience required. Contact: call or text Mona Arsenault (874-5551). Cost: \$9/wk; payment for the whole session due up front (i.e., \$45 or \$54 for a 5-wk or 6-wk session). First class is free for new members.

Shepody Food Bank 1-3pm. Albert County Community Health Centre. Bring Medicare #'s for every household member.

Hillsborough Kiwanis Bingo Doors open at 5:30 pm, games start 6:30 pm. Hillsborough Kiwanis Center.

Thursdays

Hillsborough Christian Moms Connect. 9:30-11am. Meeting at Surrey Valley Baptist Church for moms with children of all ages. The group is not associated with any particular church. There is a message series with discussions. Childcare provided for preschoolers. Facebook: Hillsborough Christian Moms Connect. Contact Amy Woodard: call or text 850-4690.

Celebrate Recovery 7pm. Hillsborough Baptist Church, "a Christ-centered, 12-step recovery program for anyone struggling with hurt, pain or addiction of any kind. A safe place to find community and freedom from the issues that are controlling our life."

Friends of the Hillsborough Arena-Chase the Ace Ticket sales: 5pm to 7:15pm. Draw at 7:30pm. Must be present to win. Raffle Tickets: \$5 each colour (5 colours available). Proceeds for upgrades and improvements. See Facebook for info. Held at The Hills Restaurant.

Country & Gospel Music Evening 7-9pm. \$7 Steeves House Museum. Featuring the Rocky Cape Band with Jerry Richard, Darrell MacAulay, Willis McKinley, Charles O'Hara, Les Stiles, David Smith, Ken Eagles & guests. Open mic: join us with your voice or instrument.

Fridays

Bend 'n' Stretch Senior's Chair Yoga: Free classes until April 24th, 10-11am, Community Room, Albert County Community Health Centre. For details, contact Alicia O'Hara or Jacquelyn DuPlessis at 882-3100. No cost or registration required. Classes are open to seniors age 55+. Chairs provided. Wear comfortable clothing and footwear. Please arrive shortly before 10 am. Water and a healthy snack provided. This is an exciting opportunity for Horizon Health to support our communities as they work to find innovative solutions to help New Brunswickers be healthy.

Community Coffee Hour 10am-12pm. Visit the Hillsborough Library for a cup of coffee/tea and chance to socialize. Puzzles and games available. Come and get to know your community. All ages welcome!

Chase the Ace-Riverside-Albert 6-7:30pm. Fundy Curling Club (FCC). CCRC & FCC raise money for curling club upgrades & community initiatives. 3 tickets/\$5. Get together with friends, enjoy supper, play cards and have a beverage while supporting two excellent community causes! [Facebook.com/communityrevitalization](https://www.facebook.com/communityrevitalization), 882-2653, 882-1892, 882-2626.

Alma Card Games 6:30-8:30pm. Alma Leisure Centre. Auction 45. Refreshments served. All ages welcome.

To learn about events in rural Albert County, visit www.ConnectingAlbertCounty.org/Calendar.

Addresses

Albert County Community Health Centre 8 Forestdale Rd., Riverside-Albert; **Satellite office*** 2807 Main St., Hillsborough

Albert County Museum 3940 Rte. 114, Hopewell Cape

Albert County Pharmacy 5883 King St., Riverside-Albert

Albert Mines Baptist Church 386 Albert Mines Rd., Albert Mines

Alma Leisure Centre 8564 Main St.,

Alma Multi-Purpose Building 13 School St., Alma

Alma Village Office 8 School St.,

Broadleaf Guest Ranch 5526 Rte. 114, Hopewell Hill

Coverdale Centre 50 Runnymede Rd., Riverview

Curryville Community Center 786 Albert Mines Rd., Curryville

Elgin Senior Centre/Maple Tree Café 1866 Rte. 895, Elgin

Elgin Women's Institute Hall 32 Gowland Mountain Rd., Elgin

Farmer Brown's 371 Osborne Corner, Dawson Settlement

Forest Dale Home 5836 King St. R-A

Fundy Curling Club 16 Mill St. R-A

Hillsborough Arena* 32 Mill St.

Hillsborough Baptist Church* 26 Braam Cres.

Hillsborough Elementary School* 31 School Ln.

Hillsborough Farmers Market* 2807 Main St.

Hillsborough Golf Course/Hills Restaurant* 443 Golf Club Rd.

Hillsborough Kiwanis Club* 47 Legion St.

Hillsborough Legion* 31 Legion St.

Hillsborough Public Library* 2849 Main St.

Hillsborough United Church*
2891 Main St.

Hillsborough Visitor Information Centre* 2861 Main St.

Hopewell Cape Community Hall
Albert County Museum, 12
Hopewell Cross Rd., Hopewell Cape

New Brunswick Railway Museum
2847 Main St., Hillsborough

Parkindale Hall 3434 Rte. 895, Elgin

Riverside-Albert Recreation (Rec.) Centre, 9 Bicentennial Rd., R-A

Riverside-Albert Village Office
5823 King St., Riverside-Albert

Riverside Consolidated School
90 Water St., Riverside-Albert

Saint Mary's Anglican Church
39 Mill St., Hillsborough

Steeves House Museum*
40 Mill St., Hillsborough

Surrey Valley Baptist Church*
3039 Main St, Hillsborough

**Hillsborough*

R-A: Riverside-Albert



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Do you want to promote your business in rural Albert County?

Show the community you care and reach a target audience by advertising in Connecting Albert County



For six years, Connecting Albert County has provided our community with information on people, places and events in rural Albert County. Every month, hundreds of people read our publication.

The electronic issue of our mini-magazine is emailed to more than 500 subscribers and many others read the issue online. Also, hundreds of free full-colour print copies are distributed each month throughout rural Albert County. Once a year, we mail an issue to every household in rural Albert County—that’s more than 2300 homes from Stoney Creek to Alma, Parkindale and Elgin.

We hope you will consider advertising in Connecting Albert County.

CAC 2020-21 rates	Full year	Six months	Trail issue
Non-profit supporter	\$100	n/a	n/a
Business supporter	\$150	n/a	n/a
Business card ad	\$400	\$250	\$200
Quarter page ad	\$1350	\$800	\$350
Half page ad	\$1600	\$1200	\$500
Full page ad	\$2000	\$1500	\$800

If you purchase a full-year business card size ad or larger, you will receive a 15% discount on ads in the Trail issue.

We offer a 5% discount for members of the Albert County Chamber of Commerce.

Note that the quarter, half and full page ads can be changed each month; business card ads remain the same each month.

All advertisers and supporters are listed in each e-publication and back cover of printed issue. Each listing includes a link to the business or organization’s website or Facebook page.

Connecting Albert County-Exploring Our Trails (see page 16). A minimum of 1000 full colour copies of this special issue will be distributed throughout Albert County, as well as St. Martins and Sussex. We expect that people will keep the publication and refer to it often when planning an outing by foot, snowshoe, mountain bike, fatbike, ski or snowshoe.

We will also send pdfs to 500+ regular subscribers and make the pdf available for download for future reference. We will share the link to the downloadable pdf on websites and Facebook pages of trail organizations, naturalist groups, local organizations, municipalities and many more places. Please let us know as soon as possible. Ad material is needed by March 15th, 2020.

For details, please contact Janet Wallace at info@connectingalbertcounty.org or mail CAC, 8 Forestdale Road, Riverside-Albert, NB E4H 3Y7.

Supporters of Connecting Albert County

Connecting Albert County would like to thank the following supporters. With their help, we can spread the news of rural Albert County. To spread the word about your business or organization's work in rural Albert County, see connectingalbertcounty.org/advertising. We also welcome donations.

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www.bachfoundation.com

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Albert County 175 AC175.net

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Tele-Drive Albert County Inc. [Tele-Drive Albert County on Facebook](#)

Albert County Chamber of Commerce www.albertcountychamber.com

Crooked Creek Convenience www.facebook.com/ccconvenience

East Coast Kids Child Care & Learning Centre www.eastcoastkids.ca

Hopewell Rocks www.thehopewellrocks.ca

Ponderosa Pines Campground www.ponderosapines.ca

Village of Hillsborough villageofhillsborough.ca

Village of Riverside-Albert www.riverside-albert.ca

The Garden Guy (Micheal McBurnie) www.facebook.com/thegardenguymicheal

Farmer Brown's Greenhouse www.farmerbrowns.ca

Foods of the Fundy Valley foodsofthefundyvalley.ca

The Calvert Family (private donation)

Albert County Museum albertcountymuseum.com

Broadleaf Guest Ranch www.broadleafranch.ca

Chipoudy Communities Revitalization Committee www.facebook.com/communityrevitalization

Forest Dale Home www.forestdalehome.ca

Friends of Fundy/Fundy Guild www.facebook.com/FundyGuild

Fundy Highlands Motel and Chalets www.fundyhighlandchalets.com

Hillsborough Baptist Church hillsboroughbaptist.org

Jeff MacDougall, SouthEastern Mutual Insurance jeff.macdougall@semutual.nb.ca

Village of Alma villageofalma.ca

www.ConnectingAlbertCounty.org