

# Connecting Albert County

## November 2019

FREE PUBLICATION



### **Making the Most of November** *By Kat Hallett*

*Images of Red squirrel  
& Bohemian waxwing  
by Denis Doucet*

November is a strange month. It's cold, and it's wet. The coloured leaves have all but fallen, and there's no snow yet for winter activities. The whole month feels like a drawn-out transition from fall to winter. Thirty days stuck in this weird interim makes it easy to take November for granted.

The last few years, however, I've made a conscious effort to find things about November to appreciate. Even though every year I'm dying to get out on my cross-country skis or lace up my skates, the idea of wishing away an entire month of the year seems kind of sad.

I present to you a running list, in no particular order, of beautiful things about November. I would love to hear your additions to the list.

The intense mist that rises off of the rivers and lakes in the mornings. In Albert County, we know fog like the back of our hand, but when the air temperature drops and bodies of water remain slightly warmer, the fog and mist seem extra heavy and striking.



### **Table of Contents:**

- **Making the Most of November~1**
- **Letters to the Editor~2**
- **Shepody Food Bank~3**
- **Flu Campaign~4**
- **Early Churches of Elgin~5**
- **Seniors Learning on the Go~6**
- **Fundy Curling Club~7**
- **CCRC Calendar and Christmas Market~8**
- **Kitchen Party Christmas Concert~8**
- **Library Events~9**
- **Community Calendar~11**
- **Addresses for Events~13**
- **Weekly/biweekly Events~14**
- **BACH Foundation~15**
- **Supporters of CAC~16**

## Connecting Albert County

November 2019. Vol. 5. No. 11  
ISSN 2369-1174/1182 (digital)

### **Our Mission:**

Building connections and fostering pride of place and culture in rural Albert County by publishing in print & online. Connecting Albert County Inc. is a registered non-profit organization.

### **Connecting Albert County Board:**

Lisa Brown, Ronda Fraser, Joseph Gallant & Victoria Stroud-Arsenault

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Janet Wallace

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To advertise, submit articles or letters, email [info@connectingalbertcounty.org](mailto:info@connectingalbertcounty.org)

or mail CAC, 8 Forestdale Rd.,  
Riverside-Albert, NB E4H 3Y7

Letters and articles may be edited. Statements in our publication and website do not necessarily reflect the views and opinions of Connecting Albert County's volunteers and staff.

### **Distribution sites:**

Limited numbers of free copies are available throughout Albert County.

Digital copies can be found at [connectingalbertcounty.org/newsletter](http://connectingalbertcounty.org/newsletter)

***We thank Gary Steeves Insurance for the generous gift of printing our publication.***

**Next deadline: August 15th**

## Editor's Corner: A Nod to November

In the inspiring article "Making the Most of November" on page 1, Kat Hallett encourages readers to share things they like about the month. Please send your ideas to [info@ConnectingAlbertCounty.org](mailto:info@ConnectingAlbertCounty.org). We started by asking our regular contributors for suggestions.

I love the feeling of richness in November. My woodshed is full and my freezer, pantry and cold storage are filled to the brim with vegetables from my garden. I've spent the last several months growing vegetables and preserving (pickling, fermenting, dehydrating, freezing and curing). Now it's time to enjoy the bounty.

*Janet Wallace*

I like the way November draws my eye away from sweeping landscapes and focuses on the small beauties, a mushroom in a bed of moss, the colour in a pool of pebbles, the weave of an abandoned nest.

*Jennifer Shelby*

Following the splendor and light of October, November can often seem dull and dreary, but the forests are more open, making traveling off trail easier. You can see the spine and bones of the trees, the shape and slope of the land. The light is low, the air cooler, the forest more airy, and November's quiet is only broken by the crunch of footsteps on crisp, fallen leaves, and the distant call of the raven.

*Deborah Carr*

As an avid hiker, I appreciate November because the leaves are gone, so amazing vistas are sometimes revealed to me that were not visible while the foliage was present.

*Paul F. Gaudet*

## Letters to the Editor

Sometimes, readers email comments or letters to us; other times, people comment on the articles posted on [www.connectingalbertcounty.org](http://www.connectingalbertcounty.org). We include a selection of these comments in our Letters to the Editor section. As always, we welcome feedback. Please send comments to [info@connectingalbertcounty.org](mailto:info@connectingalbertcounty.org).

Re: Merci, ([www.connectingalbertcounty.org/culture--heritage/merci](http://www.connectingalbertcounty.org/culture--heritage/merci)). "I have been trying to trace this [Chipoudie] monument for months. Hope to take a trip to see it. Recently I visited the 1st monument to Pierre Thibodeau in Thibodeau Village, Nova Scotia. I love the emblem of family in this new monument which was so dominant in the French Catholic people. The Thibodeau family had 21 children. I am from Charles Thibodeau, one of their youngest sons. Our strain settled on the Bayou Teche in Parks, Louisiana. My father was Wilfred Peck, who lived to be 104 years old in Corpus Christi, Texas, where I was born. Now I feel so closely kin to my ancestor grandfather and all of his descendants. There are over 20,000 descendants from Thibodeau."

*("November" continued from page 1)*

Those moments that highlight the crossroads in the seasons; like the last few bright red berries hanging on to their stalks, or the days when there is snow in the hills but not in the valleys.

Having the time to start getting excited about Christmas without having to think about decorating or last minute shopping. November is usually when my creative and DIY muscles are flexed the most, dreaming up and creating the best homemade gifts.

Waking up to a heavy frost in the fields and on the trees. The feeling of breathing in cool, crisp air that truly wakes us up in the morning as soon as we step outside.

Quiet trails and empty outdoor spaces that make us feel like we have the whole world to ourselves. There's something really special about hiking a trail and not seeing another human the entire time.

Getting out your wool socks and coziest blankets and curling up with a good book and a cup of tea.

And, most importantly, accepting that it's time to fire up the wood stove.

*Kat has recently moved away from Albert County, but still has tons to say about the 2.5 years she spent living in Alma. She enjoys hiking, camping and fishing, and this love of nature is reflected in most of her writing.*

## Shepody Food Bank Update *By Lynne Greenblatt*




Shepody Food Bank continues to serve approximately 80 households in need within our catchment area. This year, we were fortunate to have such exceptional support from local businesses, churches, organizations and individuals that we were able to reduce our dependence on government grants. Our heartfelt gratitude goes to all our supporters. Special thanks goes to Hopewell Rocks, which once again sponsored two "Albert County Appreciation Days" during the year. These events are a major resource for our organization. On these days, admission fees are waived in exchange for donations of non-perishable foods or cash to Shepody Food Bank.

We also received a Rural Transportation Grant through Food Banks Canada, funded by Syngenta and Farm Credit Canada. Transporting our food from the Food Depot in Moncton is a major expense; we really appreciate the generous help from these sponsors.

Our volunteers are dedicated people who are generous with their time. We could not operate without them, so a huge thank you to them as well. We are always in need of more volunteers, and a few hours a month of your time would go a long way to help our community. If you are interested in helping out, please email [shepodyfoodbank@gmail.com](mailto:shepodyfoodbank@gmail.com).

*Above: Volunteers Brenda, Gary, George and Roy*



5823 King St., Riverside-Albert  
NB E4H 4B4

**Village of  
Riverside-Albert**  
*Fundy Historic Village*

506-882-3022  
[villra@nbnet.nb.ca](mailto:villra@nbnet.nb.ca) [www.riverside-albert.ca](http://www.riverside-albert.ca)

## Flu Campaign

Getting immunized each year with the influenza vaccine (flu shot) is the best way to protect against influenza infection (flu), a serious and sometimes fatal disease. The flu shot is available at the Albert County Community Health Centre, Albert County Pharmacy in Riverside-Albert, and other pharmacies and health centres.

The Albert County Community Health Centre's Flu Campaign runs from Nov. 4th-8th, 9am-4pm at the centre in Riverside-Albert. Check the list at the left for the times at other locations. Just drop in; no appointment is necessary. If you miss those dates, you can get the flu shot later. The vaccine is available for free for most New Brunswick residents ([www.ConnectingAlbertCounty.org/wellness/flu-shot-time](http://www.ConnectingAlbertCounty.org/wellness/flu-shot-time)).

*The Bennett and Albert County Health Care (BACH) Foundation raises funds to support the services provided by the Albert County Community Health Centre including equipment and staff education. [bachfoundation.com](http://bachfoundation.com)*

## 2019 Flu Campaign Schedule

Albert County Community Health Centre

**Albert County Community Health Centre**  
8 Forestdale Road, Riverside-Albert  
**Monday Nov. 4th to Friday, Nov. 8th, 9am-4pm**

**Hillsborough Satellite Clinic**  
2807 Main St., Hillsborough  
**Tuesday Nov. 5th & Thursday Nov. 7th, 1pm-3:30pm**

**Caledonia Place (Common Room)**  
56 Mill St., Hillsborough  
**Monday, Oct. 28th, 1:30pm-4pm**

**Alma Activity Centre**  
8 School St, Alma  
**Tuesday, Nov. 5th, 3:30pm-6:30pm**

NO APPOINTMENT REQUIRED  
For information, call 882-3100

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### THE FLU CAN BE SERIOUS

"The flu? I'll be just fine after a few days of rest." That might be true for the common cold, but the flu is much more serious. If you get the influenza virus, you're likely to experience high fevers, extreme fatigue, muscle aches and severe headaches, in addition to the usual cough and runny nose. The flu shot is the best way to protect you and your family against getting the flu in the first place.

### THE FLU VIRUS CHANGES EVERY YEAR, AND SO DOES THE FLU VACCINE

The flu virus circulates all around the world, and evolves very quickly. So quickly, in fact, that new strains of the flu are constantly emerging. Every year, scientists and health experts create a new flu vaccine designed to fight the most prevalent flu strains. For the best protection for the current flu season, get your up-to-date flu shot.

### YOUR FLU SHOT HELPS EVERYONE, NOT JUST YOU

Some groups, such as infants, seniors, and those with weakened immune systems, are much more vulnerable to getting the flu. By not getting the flu shot, you're increasing their chances of getting sick as well. To minimize their risk, you can do your part by getting the flu shot. You won't just protect yourself, but you'll also help protect others around you.

### IT'S EASY!

Getting a flu shot is quick and easy. Just visit Albert County Pharmacy to get your flu shot today!

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## Early Churches of Elgin *By Idella Steeves/Lazar*

Imagine yourself looking over the Elgin area in the early 1800s—unbroken forest, mountains and rolling hills with valleys in between rivers, streams and falls. The land provides game for food, rivers for fish, and trees for wood to build and perhaps later for a mill, with a canopy of beautiful colours in the fall. It is the land of opportunity! Many days and weeks of labour? Yes, but owning a piece of land is a dream come true for the hardy early settlers.

People arrive in the early 1800s full of optimism and hope. Surnames like Geldart, Steeves, Smith, Mitton, Jonah, Hayward, Gray, Colpitts, Wilson, Hopper, Gowland, Prosser and Bleakney are familiar today.

The area is gradually being settled but there is no church or even a travelling preacher. In 1835, Rev. Joseph Crandall, pastor of Salisbury Baptist Church, works tirelessly to organize the Elgin United Baptist Church. At first, meetings are held in homes or a school, if there is one. The first church is built near the middle of the Old Elgin Cemetery with the first school located nearby.

By the early 1840s, congregational meetings are held in the community not yet called Elgin. Deacon Robert Smith desires to build a "meeting house" and, largely due to his efforts, one is dedicated (the First Elgin Baptist Church). For some people, a church is probably low in their priorities. They are occupied with building their first home, raising families, gathering fuel for the winter, clearing land to grow food, hunting game and fishing. The settlers soon see business opportunities for stores, grist mills, sawmills, and maple sugar-making enterprises.

The original First Elgin Baptist Church is a log cabin located by the Old Graveyard in 1839. In 1870, a new church is built at the current site, established by Rev. Joseph Crandall. What great satisfaction this must be for that relentless preacher! But, alas, on April 28, 1937, the church burns to the ground. It was being warmed up for the funeral of Addie Babcock. An overheated furnace pipe led to the fire, which also takes the spectacular residence across the road (the home built by Mrs. Isaacs in 1895 for \$3000 and one of the first to have indoor plumbing with gravity-fed water). Unfazed, the community comes together and

two weeks later the basement is near completion. The new building is dedicated in July 1938, at a cost of \$3500-\$4000, with generous help from people in the community and surrounding area.

In the 1850s, the Gowland Mountain, Hillside, and Methodist Churches are built. The Goshen Baptist Church is built in 1860. It is lit by kerosene lamps and the pews have doors that open outward. It is common to "sell" the pews to meet the church debt. You own a pew and always sit there. In *Sugaring Off*, Mae Short writes that the ministers of the third Elgin Baptist Church would spend the night in a spare room of a parishioner. When there was no heat, the water pitcher would freeze overnight.

Back in those days of sparse settlements and often no neighbours close by, attending church was also a social occasion to catch up on the local happenings, whose baby was born, who was married, who passed away, and did so-and-so recover from illness or accident? You can understand how a church could be called a meeting house. Once a week, church gave you an opportunity to see your neighbours. At the Goshen Baptist Church a shed was built to accommodate horses. Many preachers must have listened for the first sound of the bells on the horse's harness, knowing they would have someone to preach to.

*Idella writes that this article is subject to errors.*

References: *Memories of Yesterday, The History of Elgin* by Marianne Steeves, *Elgin Revisited* by Alyssa Martin, *Census Records, Sketches of Elgin and Nearby Settlements* by Mary Hibbert & Moranda vanGeest.



2849 Main St Unit 1 Hillsborough NB E4H 2X7  
www.villageofhillsborough.ca

### Village of Hillsborough

Tel: (506) 734-3733  
Fax: (506) 734-3711

Email:  
hillsboroughnb@rogers.com

## Seniors Learning on the Go *By Kelly Taylor*

Seniors Learning on the Go is a segment of an ongoing series of learning events for seniors. This series is made possible by a New Horizons for Seniors grant which was received by Tele-Drive with Rural Rides under WA Transpo. Seniors are learning more about communities within Westmorland and Albert Counties, as well as learning skills. The third event in the series took place on September 25th when two buses of seniors travelling from Albert County and the Salisbury region arrived in Dorchester to begin a fun day of learning.

Members of the Dorchester Volunteer Firefighters helped prepare a delicious lunch of chicken fricot, rolls (baked by the newly opened Cape Road Baking Company) and berry crumble. The group was joined at lunch by Nicole Dubé, the Mi'kmaq Cultural Coordinator at Fort Folly, who shared a traditional Mi'kmaq blessing of the food.

After lunch, the seniors went to Fort Folly to learn about medicinal herbs and plants used by the indigenous community. One group was treated to an informational walk on a medicinal trail learning about the uses of plants. The walk ended with an interesting visit to the sweat lodge (shown above) where the group learned about its significance and use. The other group enjoyed a tour of the Keillor House Museum.

Many thanks to all who made the day wonderful: those preparing and serving the meal, the bus drivers, Nicole Dubé, the Government of Canada for the grant and to Alice Folkins for organizing the day and giving the tour of Keillor House.



Keep an eye out for future events which will be posted on the Tele-drive and WA Transpo Facebook pages. Follow us on Facebook so you don't miss the next event.

*Kelly Taylor is the manager of Urban/Rural Rides.*



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## Fundy Curling Club *By Alan Demaline*

With the temperature headed towards the freezing mark and the brilliant fall colours disappearing from the trees, the on-ice action at the Fundy Curling Club cannot be far behind!

There has been plenty of off-ice action to get ready for the upcoming season. The club hosted a fundraiser for the Riverside-Albert playground, participated in August's Acadian celebrations, and continues to host Chase the Ace on Friday nights in partnership with Chipoudy Communities Revitalization Committee (CCRC).

Our volunteers have completed several key renovations including raking and grading the sand floor in the ice shed, installing a new ice temperature probe to better maintain the ice, and constructing a new walking pad for curlers approaching the ice. We will have ice ready to curl on by the end of November...the earliest in years!

The club will host curling on Tuesday, Thursday and Friday evenings, as well as many Saturday nights. We are also extremely excited that our brand new Lite Rock curling stones have arrived for our Little Rocks program! The ten-week program for kids aged 6 to 12 will be held on Sunday afternoons from January to March. Details about registration, dates and rates for all our programs will

soon be posted at the club, on our Facebook Page and in the next issue of *Connecting Albert County*.

No matter if you are a long-time curler, a 'sometimes curler,' an adult who has never curled or have children who would like to become involved in the sport of curling, the Fundy Curling Club will have a program for you this season. See you at the club!



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## CCRC Calendar

The goal of the 2020 Chipoudy Communities Revitalization Committee (CCRC) Calendar project is to raise money for community projects and to showcase the beauty of our area. Half of the proceeds of this year's calendar sales are going to support the Riverside-Albert Community Playground Project.

We have worked with local amateur photographers to display their great photos of local scenery. We appreciate the help of many local businesses that sponsored this fundraising project. Calendars are for sale at local businesses and at various events in the community including our Christmas Market on Dec. 7th at Riverside Consolidated School. The cost of the calendar is \$10.

Our calendar project for 2021 will display scenery and wildlife of Albert County. So if you're an amateur photographer and want to display your great photos in the calendar, keep taking pictures. We will provide details on where to send photos later.

## Share in the Spirit of Christmas: "Kitchen Party" Christmas Concert

There's no better way to ease into the spirit of the holiday season than to experience the traditional Christmas Concert in the historic Community Hall at the Albert County Museum. Just like the community concerts of years ago, the annual event provides an opportunity for local musicians, both young and older, to share their talents with an appreciative audience. It also brings people together to share in the spirit of Christmas! The concert is a fundraiser which is greatly appreciated by the Albert County Museum, which thanks the performers who generously donate their time and talents.

The 12th Annual "Kitchen Party" Christmas Concert will take place on Sunday, November 24, 2-4pm. You don't want to miss this lively concert! Come savour the harmonies of the festive singers as they entertain with songs, both old and new. Enjoy the toe-tapping music of the talented musicians who will play a variety of instruments— fiddle, guitar, banjo, mandolin and double bass. A special treat will be the talented young dancers.

Another delightful portion of the program is when the children gather around a storyteller on stage to

## CCRC Christmas Market

The 2019 CCRC Christmas Market will be held Saturday, December 7th, 9am-4pm, at Riverside Consolidated School. (Storm date: December 8th.) With more than 40 vendors, there will be something for everyone in every price range. There is no admission fee, but a donation of a non-perishable food item for the Shepody Food Bank is appreciated. Support the Caledonia Regional High School (CRHS) Prom/Safe Grad committee by purchasing breakfast, and enjoy a delicious soup bar for lunch provided by the Riverside Volunteer Fire Department. There is a wheelchair ramp and the ground floor is accessible at the back of the school, which now includes washrooms.

Bring your friends and enter the raffle for a Christmas basket containing an item from each vendor! We would also appreciate donations of non-perishable items for the food bank. Hope to see you there! If you want a table, email [chipoudycrc@gmail.com](mailto:chipoudycrc@gmail.com) or call Emma at 387-4003.

*Contributed by CCRC*

listen to a Christmas story; most adults enjoy this experience as well. In the magical concert finale, all the performers and the audience join together in singing "Silent Night." Following the concert, everyone is invited to enjoy home-baked cookies and hot mulled cider as they chat with friends.

Come share the spirit of Christmas with us! Tickets: Adults \$12; Family \$25 (2 adults & children 12 years and under). To reserve, call Dawne McLean (734-3105) or the Albert County Museum (734-2003; leave a message). The museum is located at 3940 Route 114, Hopewell Cape. *Contributed by Dawne McLean*



**Ponderosa Pines**  
CAMP GROUND

Ponderosa Pines Campground  
1-800-822-8800  
[www.ponderosapines.ca](http://www.ponderosapines.ca)  
Lower Cape, New Brunswick, Canada



# Hillsborough Public Library

## Regular Events

**Community Coffee Hour** Every Friday, 10am-12pm. Visit the library for a free cup of coffee/tea and chance to socialize. Adult colouring books, puzzles and games will be available. Come and get to know your community. All ages welcome!

**Story Time** Tuesday, Nov. 5 & 19, 11:15-11:45am. Story time for newborns to 5-year-olds. Fun stories, songs and more.

**After School Creative Writing Club** Weds., Nov. 6 & 20, 3:45-4:45 pm. Kids in grades 3 and above are invited to learn different styles of writing starting with paragraphs and working up to short stories and poems. Get your creative juices flowing onto paper.

**After School STEAM Club** Tues. Nov. 26, 3:45-4:45pm. Explore Science-Technology-Engineering-Arts-Math (STEAM). Each month we will focus on different areas from coding to robots and more. Ages 7 and older.

## Special Events

**Babies in the Library** Wednesdays from Nov. 6-27, 10-10:30am. Parents/guardians and babies 0-18 mos. are invited for a fun half-hour of songs, rhymes and activities. Registration is required. Contact the library to guarantee your place. On Nov. 6, someone from *Talk with me* will join the group to their services.

**DIY Slime for Kids** Sat., Nov. 09, 1:30-3pm. Kids are invited to the library to make a batch of slime. All supplies provided and kids can take home their own slime. Registration required. Contact the library at 734-3722 to register.

**Technology Help** Thurs., Nov. 21, 1:30-4:30pm. Are you having trouble using your iPad or tablet? Want to learn how to use the library online catalogue or databases? Have questions about email or social media? We are here to help! Drop in or contact us to set up a one-on-one appointment.

**Family Board Game Afternoon** Sat., Nov. 23, 1-4pm, Families are invited to the library to play family board games. Challenge your own or another family.

**Adult/Young Adult Craft Night: Bath Bombs** Thurs., Nov. 28, 6-8pm. A fun-filled evening making your own bath bombs. Supplies provided including essential oils. Registration is required.

**Adult/Young Adult Craft Night: Santa Wreath** Thurs., Dec 5, 6-8pm. Register to make your very own Santa door wreath. All supplies will be provided.

Keep up to date with what is happening at the library by following Hillsborough Public Library-N.B. Canada on Facebook or by subscribing to one of the monthly email newsletters.

## **Hillsborough Public Library**

2849 Main St., Hillsborough, 734-3722  
[Hillsborough.PublicLibrary@gnb.ca](mailto:Hillsborough.PublicLibrary@gnb.ca)

Tuesday, Wednesday, Friday &  
Saturday: 9am-12pm, 1pm-5pm;  
Thursday: 1pm-5pm, 6pm-8pm

*By Victoria Stroud-Arsenault*



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# An Old-fashioned Christmas at Hillsborough Farmers Market

This year, our Christmas Market takes place December 7th and 8th. With more than 30 vendors of hand-made or locally produced items, you're sure to find something for even the hard-to-buy-for person on your list. Peruse the booths while enjoying a hot cup of locally roasted coffee, a perfect pairing for a sweet treat!

We will be one of several stops on the Christmas in the Country-Fundy Studio Tour. Along Route 114 between Riverview and Alma, you can enjoy studio tour visits of local crafters, makers, producers and artists. This is a much anticipated Christmas tradition for many shoppers and local supporters from Albert County, Moncton and beyond!



Worried about lunch? We have you covered!

Foods of the Fundy Valley (FFV) will offer their famous Soup Bar. For \$5, you get a bowl of soup, roll and dessert created by the FFV Board of Directors with love and local ingredients.

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So pack your car with your favourite shopping friends, grab a tour map and check out what our Albert County artisans have to offer! You won't be disappointed!

Check our Facebook page for updates on vendors, times for pictures with Santa and door prize details. Look for brochures/maps at your closest convenience store in Albert County or at Briggs Maples, 391 Coverdale Road, Riverview.

## Buy local this Christmas!

Christmas in the Country, Fundy Studio Tour

Saturday December 7: 10am-5pm

Sunday December 8: 11am-4pm

## Thank you!

Foods Of The Fundy Valley would like to extend a sincere thank you to all members of the community and market vendors who came out to support another great year at the market. The 2019 season has come to an end, but with many new and exciting things to come we hope to see you back next year!

*Contributed by Angela MacDougall, Hillsborough Farmers Market Chair, Foods of the Fundy Valley*

# Community Calendar ~ November 2019

## Saturday, October 26

**Hunter's Breakfast.** 8-10:30am. Everyone is welcome to attend the annual Hunter's Breakfast at the Curryville Community Outreach Center. Wear your favourite plaid, orange or camo for a chance to win a door prize. Cost: \$10; children under 12: \$5 each.

**Hills & Valley Youth Rally.** 7-10pm. Free night of worship, music, games and snacks at the Surrey Valley Baptist Church presented by the Albert Association of Baptist Churches. Features ONE8TEA and Joel Murphy of the Canadian Baptists of Atlantic Canada (CBAC) Youth & Family. Grades 6-12. Contact Bev: 734-3320.

**Haunted Hike.** 7-9pm. Fundy National Park. Chignecto Recreation Area. Guided hikes will depart every 15 minutes beginning at 7pm. Dress warmly and bring a flashlight. Food-bank donations are accepted. Refreshments and snacks provided. Features Fredericton's Famous Calithumpians Theatre Company.

## Monday, October 28

**Canadian Mental Health Assoc. of NB (CMHA of NB).** Denise Miller, CMHA of NB rep, holds office hours at the Albert County Community Health Centre all day every second Monday. If you're looking for information or resources, drop in.

**Flu Campaign-Hillsborough** (See details on page 4)

**Grief and Bereavement Support Group-Hillsborough\***  
**Pickleball\***

*\*Weekly events. See page 14  
Library events are on page 9  
Addresses are on page 13*

## Wednesday, October 30

**Gentle Yoga\***  
**Shepody Food Bank\***

**Hillsborough Kiwanis Bingo\***  
**Healthy You Group\***

**Caregiver Support Group-Riverside-Albert\***

**Grief and Bereavement Support Group-Riverside-Albert\***

## Thursday, October 31

**Caregiver Support Group-Hillsborough\***

**Friends of the Hillsborough Arena-Chase the Ace\***

**Country & Gospel Music Evening**

## Friday, November 1

**Chase the Ace-Riverside-Albert\***

**Weekly Card Games-Alma\***

## Monday, November 4

**Flu Campaign-Riverside-Albert\***  
**Grief and Bereavement Support Group-Hillsborough\***

**Pickleball\***

## Tuesday, November 5

**Flu Campaign-Riverside-Albert, Hillsborough, Alma** (Details on p. 4)

## Wednesday, November 6

**Flu Campaign-Riverside-Albert** (Details on p. 4)

**North of 55\***

**Gentle Yoga\***

**Shepody Food Bank\***

**Hillsborough Kiwanis Bingo\***

**Healthy You Group\***

**Caregiver Support Group-Riverside-Albert\***

**Grief and Bereavement Support Group-Riverside-Albert\***

## Thursday, November 7

**Flu Campaign-Riverside-Albert, Hillsborough** (Details on p. 4)

**Elgin Eco Association Monthly Meeting.** 7-8pm. Maple Café. Contact: Moranda (756-2518).

**Caregiver Support Group-Hillsborough\***

**Friends of the Hillsborough Arena-Chase the Ace\***

**Caregiver Support Group-Riverside-Albert\***

**Country & Gospel Music Evening\***

## Friday, November 8

**Flu Campaign-Riverside-Albert** (Details on p. 4)

**Chase the Ace-Riverside-Albert\***  
**Weekly Card Games-Alma\***

## Monday, November 11

**Remembrance Day Service-Hillsborough.** 10:45am-noon. Acknowledgement of fallen soldiers from the community and abroad at Caledonia Regional High School.

**Grief and Bereavement Support Group-Hillsborough\***  
**Pickleball\***

## Wednesday, November 13

**Gentle Yoga\***

**Shepody Food Bank\***

**Hillsborough Kiwanis Bingo\***

### **Healthy You Group\***

**Grief and Bereavement Support  
Group-Riverside-Albert\***

### **Thursday, November 14**

**Caregiver Support Group-  
Hillsborough\***  
**Friends of the Hillsborough Arena-  
Chase the Ace\***

**Caregiver Support Group-  
Riverside-Albert\***  
**Country & Gospel Music Evening\***

### **Friday, November 15**

**Chase the Ace-Riverside-Albert\***  
**Weekly Card Games-Alma\***

### **Monday, November 18**

**Pickleball\***

### **Wednesday, November 20**

**Mobile EcoDepot** (see box). 12-  
8pm. Kiwanis Center, Hillsborough  
**North of 55\***  
**Gentle Yoga\***

**Shepody Food Bank\***

**Hillsborough Kiwanis Bingo\***

**Healthy You Group\***

**Grief and Bereavement Support  
Group-Riverside-Albert\***

### **Thursday, November 21**

**Mobile EcoDepot** (see box). 12-  
8pm. Kiwanis Center  
**Friends of the Hillsborough Arena-  
Chase the Ace\***  
**Country & Gospel Music\***

**\*Weekly events. See page 14  
Library events are on page 9  
Addresses are on page 13**

### **Friday, November 22**

**Chase the Ace-Riverside-  
Albert\***  
**Weekly Card Games-Alma\***

### **Sunday, November 24**

**"Kitchen Party" Christmas  
Concert at the Albert County  
Museum.** See page 8.

### **Monday, November 25**

**Canadian Mental Health As-  
soc. of NB (CMHA of NB).** Den-  
ise Miller, CMHA of NB rep, has  
office hours at the Albert County  
Community Health Centre all  
day. If you're looking for inform-  
ation or resources, drop in.  
**CMHA of NB-Let's TALK about  
Stress Management.** 7-8 pm.  
Albert County Community Hea-  
lth Centre downstairs. A discus-  
sion about what healthy stress  
and bad stress look like and how  
stress can affect health. Come  
for some good conversation!

**Pickleball\***

### **Wednesday, November 27**

**Gentle Yoga\***  
**Shepody Food Bank\***  
**Hillsborough Kiwanis Bingo\***

### **Thursday, November 28**

**Friends of the Hillsborough  
Arena-Chase the Ace\***  
**Country & Gospel Music\***

### **Friday, November 29**

**Chase the Ace-Riverside-  
Albert\***  
**Weekly Card Games-Alma\***

### **Mobile Enviro Depot**

Residents of Westmorland and Albert Counties are welcome at any Mobile Eco-Depot event, not just the one closest to them or in their community. In rural Albert County, the depot rotates between Alma, Riverside-Albert and Hillsborough. **From noon to 8pm.**

### **What can you drop off?**

For no fee, residents will be able to visit any Mobile Eco-Depot to dispose of the following (up to a ½ tonne truck and utility trailer load):

- Appliances (limit of 1/type): Fridge, stove, freezer, dryer, BBQ, etc.
- Electronic Waste: TVs, computer monitors, hard drives, DVD players, gaming consoles, etc.
- Furniture
- Small Household Machinery (must be emptied of gas and oil)
- Construction, Demolition and Renovation Waste
- Household Hazardous Waste: Batteries, cooking oil, aerosols, paint, light bulbs, fertilizers, chemicals, CFL bulbs, propane tanks, etc.
- Car and truck tires (maximum of 20" diameter, limit 8 per customer)
- Brush/Branches and yard waste
- Ashes
- Glass
- Cardboard and paper
- Cooking oil
- Metal

\*No car parts, gas tanks, residential oil tanks, regular curbside waste or commercial waste

Service is for residential customers only. Commercial waste or regular curbside household waste will not be accepted. Residents are asked to sort and separate their loads by material type. For more details, visit [www.eco-360.ca/mobile-eco-depot-program](http://www.eco-360.ca/mobile-eco-depot-program)

## SAVE THE DATE

### Friday, December 6

**Ugly Sweater Christmas Dance Party.** 10pm-1:30am. Come Jingle and Jam at the Fundy Curling Club in Riverside-Albert. Ugly sweater is optional. All proceeds go to the Riverside Community Playground fund. Must be at least 19 years old.

### Saturday, December 7

**CCRC Christmas Market.** 9am-4pm Riverside Consolidated School. (Storm date: Dec. 8). More than 40 vendors. No admission fee; donation of non-perishable food item for the Shepody Food Bank is appreciated. Breakfast and lunch available. Contact: chipoudycrc@gmail.com or call Emma at 387-4003. See page 8.

### **An Old Fashioned Christmas-Hillsborough Farmers Market.**

10am-5pm. Hillsborough Farmers Market. More than 30 vendors of hand-made art, crafts and food. Foods of the Fundy Valley soup bar and coffee available. See page 10.

**Christmas in the Country, Fundy Studio Tour** 10am-5pm. Open studios along the route. See p. 10.

### Sunday, December 8

### **An Old Fashioned Christmas-Hillsborough Farmers Market.**

11am-4pm. See above.

**Christmas in the Country, Fundy Studio Tour.** 11am-4pm. Artisans open their doors all along the route. See page 10.

## Contribution from BACH Foundation

The Bennett and Albert County Health Care (BACH) Foundation is pleased to be able to provide the Albert County Community Health Centre new waiting room furniture made possible from funds raised through donations, memorials and the community's support of its annual charity golf tournament. The chairs purchased by the BACH Foundation help make the waiting area of the health centre more functional and inviting for patients.

For information about the BACH Foundation, call 882-3100 or see [www.bachfoundation.com](http://www.bachfoundation.com).



## Addresses

In our calendar, we refer to some of the following locations.

**Albert County Community Health Centre,** 8 Forestdale Rd., Riverside-Albert; **Satellite office,** 2807 Main St., Hillsborough

**Albert County Museum,** 3940 Rte. 114. Hopewell Cape

**Albert Mines Baptist Church,** 386 Albert Mines Rd., Albert Mines

**Alma Leisure Centre,** 8564 Main St., Alma

**Alma Village Office,** 8 School St., Alma

**Curryville Community Center,** 786 Albert Mines Rd., Curryville

**Elgin Senior Centre / Maple Tree Café,** 1866 Rte., Elgin

**Elgin Women's Institute Hall,** 32 Gowland Mountain Rd., Elgin

**Fundy Curling Club,** 16 Mill St., Riverside-Albert

**Hillsborough Baptist Church\*** 26 Braam Cres.

**Hillsborough Farmers Market\*** 2807 Main St.

**Hillsborough Golf Course\*** 443 Golf Club Rd.

**Hillsborough Kiwanis Club\*** 47 Legion St.

**Hillsborough Legion\*** 31 Legion St.

**Hillsborough Public Library\*** 2849 Main St.

**Hillsborough Visitor Information Centre\*** 2861 Main St.

**Hopewell Cape Community Hall,** Albert County Museum, 12 Hopewell Cross Rd., Hopewell Cape

**New Brunswick Railway Museum,** 2847 Main St., Hillsborough

**Parkindale Hall,** 3434 Rte. 895, Elgin

**Riverside-Albert Recreation (Rec.) Centre,** 9 Bicentennial Rd., Riverside-Albert

**Riverside-Albert Village Office,** 5823 King St., Riverside-Albert

**Riverside Consolidated School,** 90 Water St., Riverside-Albert

**Steeves House Museum,** 40 Mill St., Hillsborough

**Surrey Valley Baptist Church,** 3039 Main St., Hillsborough

\*Hillsborough

# Weekly and Biweekly Events

## Mondays

**Pickleball** 6:30-8:30pm. Riverside-Albert Recreation Centre. Sport for all ages. \$2/night-First night is free!

**Grief Support Group** (see below)

## Wednesdays

**North of 55** *Every 2nd Weds.* 10-11:30am. For ladies & gentlemen 55+. Enjoy snacks, games, stories and prizes at Hillsborough Baptist Church. Contact Nettie Steeves at 380-2901 or 734-2900.

**Yoga** 10:30-11:30am. Hillsborough Legion. Gentle restorative stretches and movements aimed at improving/ maintaining flexibility, balance, and a sense of well being. A relaxed, friendly group who leave the class refreshed and smiling. Men and women of all ages welcome. No experience required. Contact: call or text Mona Arsenault (874-5551). \$9/wk; pay only when you attend.

**Shepody Food Bank** 1-3pm. Albert County Community Health Centre. Bring Medicare #'s for every household member.

**Hillsborough Kiwanis Bingo** Doors open at 5:30 pm, games start 6:30 pm. Hillsborough Kiwanis Center.

**Healthy You** 6pm. Caledonia Regional High School. Albert County Community Health Centre offers an 8-wk series of presentations focused on helping you achieve your personal health goals. There will be weekly opportunities for individual support and help measuring progress. Info: Mary Woodworth (882-3100).

**Grief Support Group** (see below)

## Thursdays

**Caregiver Support Group** (see below)

**Friends of the Hillsborough Arena-Chase the Ace** Ticket sales: 5pm to 7:15pm. Draw at 7:30pm. Must be present to win. Raffle Tickets: \$5 each colour (5 colours available). Proceeds for upgrades and improvements. See Facebook for info.

**Country & Gospel Music Evening** 7-9pm. \$7 Hillsborough Kiwanis Center. Featuring the Rocky Cape Band with Jerry Richard, Darrell MacAulay, Willis McKinley, Charles O'Hara, Hazel Bulman, Tom Gould, David Smith, Ken Eagles & guests. Open mic: join us with your voice or instrument.

## Fridays

**Chase the Ace-Riverside-Albert** 6-7:30pm. Fundy Curling Club. CCRC & Curling Club raise money for curling club upgrades & community initiatives. 3 tickets/\$5. Get together with friends, enjoy a delicious supper, play cards, and have a beverage while supporting two excellent community causes! Info: facebook.com/community revitalization, 882-2653, 882-1892, 882-2626.

**Alma Weekly Card Games** 6:30-8:30pm. Alma Leisure Centre. Playing Auction 45. Refreshments served. All ages welcome.

**To learn about events in rural Albert County, visit [www.ConnectingAlbertCounty.org/Calendar](http://www.ConnectingAlbertCounty.org/Calendar).**

**Feel free to enter your events; just click on 'submit' events and fill out the details.**

### **Caregiver and Grief Support Groups**

HOSPICE Southeast New Brunswick is pleased to announce free programs coming to this area. Support groups are open to all residents in Albert County who are full or part-time caregivers for a family member or friend, and/or anyone experiencing loss and grief.

#### **Caregiver Support Groups** (5 weeks):

Riverside-Albert: Thursdays, Oct. 17-Nov. 14. 6:30-8pm.

Albert County Community Health Centre

Hillsborough: Thursdays, Oct. 17-Nov. 14. 2-3:30 pm.

Hillsborough Municipal Visitor Information Centre

#### **Grief and Bereavement Support Groups** (7 weeks):

Riverside-Albert: Wednesdays, Oct. 16-Nov. 27. 6:30-8pm. Albert County Community Health Centre

Hillsborough: Mondays, Oct. 7-Nov. 11. 2-3:30 pm.

Hillsborough Municipal Visitor Information Centre  
Facilitators: Ruth Bradford (734-3493) and Judy Tait

Information and Registration for both groups: Debbie Landry-Jaillet Hospice Community Coordinator (854-9530), volunteer@hospicesenb.ca, Jacquelyn DuPlessis Albert County Community Health Center (882-3100)

# BENNETT AND ALBERT COUNTY HEALTH CARE (BACH) FOUNDATION

The Bennett and Albert County Health Care (BACH) Foundation helps create a healthy, vibrant community. The BACH Foundation improves access to health care services in rural Albert County and supports programs that improve community health.

BACH Foundation supports:

- Albert County Community Health Centre in Riverside-Albert & satellite clinic in Hillsborough.
- Tele-Drive Albert County
- Little Rocks Curling
- School Spin Bikes
- Connecting Albert County
- Tele-Health
- Forest Dale Home Van
- Literacy Express
- Sistema Hillsborough
- Imagination Library



**By donating to the Bennett and Albert County Health Care Foundation, you are investing in a healthier community.**

[bachfoundation@horizonnb.ca](mailto:bachfoundation@horizonnb.ca), 882-3100

[bachfoundation.com](http://bachfoundation.com)

**Yes, I want to help**

have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre



BENNETT & ALBERT COUNTY HEALTH CARE FOUNDATION

I would like to contribute a monthly amount of \$ \_\_\_\_\_ TO BE DEDUCTED ON:  1<sup>st</sup> or  15<sup>th</sup> of the month

I would like to contribute a one-time gift of \$ \_\_\_\_\_

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

I have enclosed a cheque made payable to the Bennett and Albert County Health Care Foundation

I prefer to use my:  VISA  MasterCard

Card Number: \_\_\_\_\_

Expiry Date (month/year): \_\_\_\_\_

Signature: \_\_\_\_\_

Charitable Registration: 8690191 33 RR0001

Bennett and Albert County Health Care Foundation  
8 Forestdale Road, Riverside-Albert, NB E4H 3Y7  
Tel 506-882-3100 Fax: 506-882-3101

Donate online at [www.bachfoundation.com](http://www.bachfoundation.com)



## Supporters of Connecting Albert County

Connecting Albert County would like to thank the following supporters. With their help, we can spread the news of rural Albert County. To spread the word about your business or organization's work in rural Albert County, see [connectingalbertcounty.org/advertising](http://connectingalbertcounty.org/advertising). We also welcome donations.

**Bennett and Albert County Health Care (BACH) Foundation**

[www.bachfoundation.com](http://www.bachfoundation.com)

**Alaina Lockhart, MP Fundy Royal** [fundyroyal.ca](http://fundyroyal.ca)

**Albert County Pharmacy** [facebook.com/AlbertCountyPharmacy](https://facebook.com/AlbertCountyPharmacy)

**Gary Steeves Insurance** [www.garysteevesinsurance.com](http://www.garysteevesinsurance.com)

**CBDC Westmorland Albert** [www.CBDC.ca](http://www.CBDC.ca)

**OMISTA Credit Union** [www.OMISTA.ca](http://www.OMISTA.ca)

**Rob Moore, PC Candidate for Fundy Royal** [www.RobMoore.ca](http://www.RobMoore.ca)

**Tele-Drive Albert County Inc.** [Tele-Drive Albert County on Facebook](#)

**Albert County Chamber of Commerce** [www.albertcountychamber.com](http://www.albertcountychamber.com)

**Crooked Creek Convenience** [www.facebook.com/ccconvenience](https://www.facebook.com/ccconvenience)

**East Coast Kids Child Care & Learning Centre** [www.eastcoastkids.ca](http://www.eastcoastkids.ca)

**Hopewell Rocks** [www.thehopewellrocks.ca](http://www.thehopewellrocks.ca)

**The Garden Guy (Micheal McBurnie)** [www.facebook.com/thegardenguymicheal](https://www.facebook.com/thegardenguymicheal)

**Ponderosa Pines Campground** [www.ponderosapines.ca](http://www.ponderosapines.ca)

**Village of Hillsborough** [villageofhillsborough.ca](http://villageofhillsborough.ca)

**Village of Riverside-Albert** [www.riverside-albert.ca](http://www.riverside-albert.ca)

**Farmer Brown's Greenhouse** [www.farmerbrowns.ca](http://www.farmerbrowns.ca)

**Foods of the Fundy Valley** [foodsofthefundyvalley.ca](http://foodsofthefundyvalley.ca)

**Albert County Museum** [albertcountymuseum.com](http://albertcountymuseum.com)

**Broadleaf Guest Ranch** [www.broadleafranch.ca](http://www.broadleafranch.ca)

**Chipoudy Communities Revitalization Committee** [www.facebook.com/communityrevitalization](https://www.facebook.com/communityrevitalization)

**Forest Dale Home** [www.forestdalehome.ca](http://www.forestdalehome.ca)

**Friends of Fundy/Fundy Guild** [www.facebook.com/FundyGuild](https://www.facebook.com/FundyGuild)

**Fundy Highlands Motel and Chalets** [www.fundyhighlandchalets.com](http://www.fundyhighlandchalets.com)

**Jeff MacDougall, SouthEastern Mutual Insurance** [jeff.macdougall@semutual.nb.ca](mailto:jeff.macdougall@semutual.nb.ca)

**Village of Alma** [villageofalma.ca](http://villageofalma.ca)

[www.ConnectingAlbertCounty.org](http://www.ConnectingAlbertCounty.org)